



Chronic Disease Action Team Meeting

Tuesday, December 3, 2024

1:00 - 2:00 pm

Agenda

1. Introductions
2. Submit Your Flyers
3. Action Team Co-Chair Elections
4. Partner Updates
5. Partner Spotlights
6. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

- See our attendee list [here](#)

- Action Team Co-Chairs
 - Brian Abell, Southern Maryland Tennis Foundation
 - Christine Delise, Aetna Better Health of Maryland



DON'T GET LEFT OUT IN THE COLD

SUBMIT YOUR FLYERS!

**Submit your upcoming events, flyers,
or programs here to be highlighted in
our biweekly newsletter!**



Action Team Co-Chair Elections

- Congratulations to our new Chronic Disease Action Team Co-Chairs **Sareka Butler**, Asthma Program Coordinator at SMCHD and **Temeria Wilcox**, Board Certified Nursing Practitioner and Owner of NP Family Practice.
- Thank you again to **Brian Abell** and **Christine Delise** for their work as Chronic Disease Co-Chairs! Christine has graciously offered to lead as one of our Environmental Health Co-Chairs.

Partner Updates

- **SMCHD- CPEST** and **School Based Health Centers** are partnering for a women's reproductive health hour at the Lexington Park Library on February 5 at 6:30-7:30. This event will teach women on how to do a self-breast exam, what a pap smear includes, and other education. More information to come!
- The **Minority Outreach Coalition** and **SMCM** are hosting a faith based community health conversation on January 11. Flyer to come!
- **St. Mary's County Government** is looking for members of the community to join the community engagement team for the comprehensive plan update. Meetings are:
 - December 3 at the Loffler Senior Center, from 6 - 8 pm
 - December 4 at Leonardtown Library, from 2 - 4 pm
 - December 5 at the Northern Senior Center, from 6 - 8 pm
- The **YMCA** broke ground!The grand opening is set for Spring/Summer 2026.

Partner Updates, Cont.

- **SMCHD** continues to host nicotine cessation classes. The next class is enrolling and will start January 7 (free and online)! [Register](#) and learn [more](#).
- **PFLAG** is interested in doing cooking classes with Shaniqua Cousins for afternoon snacks. HSMP will reach out to make a connection.
- A new TOPS chapter is starting at **SMCM**, but needs 4 people to start. The chapter is currently only for staff. If you know of anyone who may be interested, please reach out to [Kassie](#). Flyer to come!

Partner Spotlight - Lung Cancer Screening

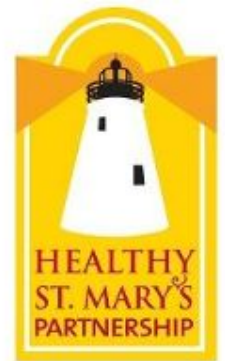
- **Kasenia Coulson**, Tobacco Control Coordinator, Chronic Disease Prevention & Control
- [Link](#) to slides.

Partner Spotlight

- Jacquie Wells, Director of Community Engagement and Policy at SMCHD
- State Health Improvement Plan (SHIP) [link](#)
 - If you like the structure, please let HSMP know!

Meeting Close

- Contact HSMP
- Upcoming Meetings



CONTACT HSMP



[Submit your social media, flyers, and events to HSMP](#)



[Subscribe to receive our newsletter and email blast](#)



[Like us on Facebook](#)



[Visit our website](#)



[Email HSMP](#)



[Watch us on Youtube](#)



Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#).
- Our next meeting will be January 28, 1 - 2 pm.

