



Chronic Disease Action Team Meeting

Tuesday, January 28, 2025

1:00 - 2:00 pm

Agenda

1. Introductions
2. Partner Spotlight
3. More to Explore Update
4. Partner Updates
5. 2024 Review
6. 2025 Brainstorming
7. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

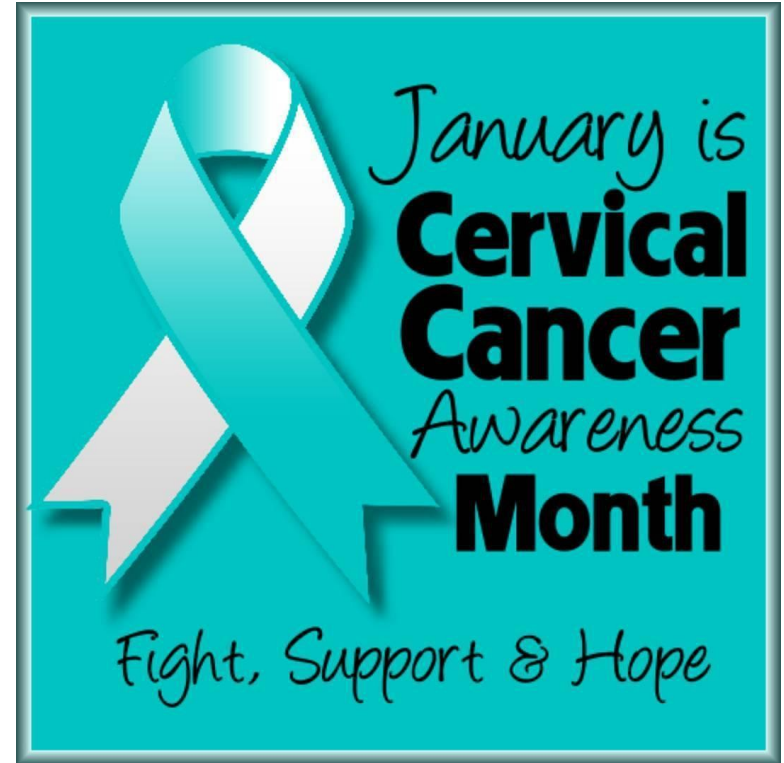
Introductions

- See the attendee list [here](#).

- Action Team Co-Chairs
 - Sareka Butler, Asthma Program Coordinator at SMCHD
 - Temeria Wilcox, Board Certified Nursing Practitioner and Owner of NP Family Practice

Partner Spotlight

- Caitlin Kirkpatrick- CPEST Division
 - View the slides [here](#).
 - **School Based Health Centers (SBHC), CPEST and the Lexington Park Library** are hosting “Be a Well Woman” on February 5. There will be information on women's health and exams. This event will be bilingual. See the [flyer](#) and [register](#).



More to Explore

- Feedback from our survey
 - Most people did 1 to 5 sites- how can we increase sustained engagement?
 - About half said the signs were generally easy to find and half said they were generally hard to find
 - 75% said they would complete it next year
- Goals for 2025
 - We are currently working with two Girl Scouts who are completing their silver awards
 - We hope to have all signs in Spanish and replace all signs in April
- Grant Funding is secured for new signs

Partner Updates

- **HSMP** ran a very successful winter clothing drive to support the schools! We had over 5 totes of clothes donated.
- **UMD-Ext.** will have a “Shopping and Cooking on a Budget” class on March 12 and April 16 at the Lexington Park Library.
- **MedStar Health** is hosting a free lunch and learn on pulmonary rehabilitation on February 13.
- **Seedco** shared that open enrollment is over but if you missed it you may still have a chance to still enroll. Reach out to Kara for more information!
- **Recreation and Parks** is seeking input for the sports complex in a public meeting on January 29.

Partner Updates, Cont.

- Legislative session is underway! The **Legal Resource Center** is monitoring several public health topics. You can view the tracker [here](#).
 - Legislative update calls happen every other Tuesday from 11:30-12:30. The next one is scheduled for February 4th. Zoom link can be found [here](#).
- Save the date! **MedStar** is hosting Women's Wellness Day on March 22 from 8:30 to 3:30. Registration to come!
- **Align Wellness Suite** invites everyone to attend their Spring into Health Fair on March 15. There will be free screenings, demonstrations, and giveaways at this [event](#).

2024 Goals, Topic Areas, and Advocacy Agenda

- Projects
 - Healthy food drive (Easter Egg Festival and Annual Meeting)
 - Walking Groups
 - More to Explore
 - Cooking Demonstrations (in Spring and Fall)
- Topic Areas
 - Nutrition education
 - Physical activity
- Advocacy
 - Public/private partnerships
 - YMCA
- Access our tracked data and focus areas [here](#)

2025 Brainstorming Activity

Goals or Projects

Diabetes education classes in the community

Revamping More to Explore

Food assistance

More smoke/tobacco free campuses

More doctors

More assistance for home bound elderly

Creating or obtaining health information at a 3rd grade level

Health fair or health screening event for uninsured community

Identifying sources of reliable health information

Chronic pain and opioid awareness

Healthy Eating

Access to PCP and getting the proper screenings

Advocacy Agenda

Strengthening Health Literacy

Healthy Aging

Assistance for Undocumented

Improving health commu

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What organizations are we missing?

PM KIDZ

Greenwell Foundation

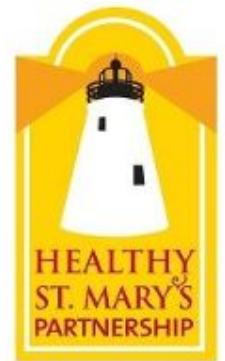
Lexington Park Community Partnership

Greater Baden FOHC

Food pantries or the Feed St.Mary's

Meeting Close

- Contact HSMP
- Upcoming Meetings



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Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#).
- Our next meeting will be February 25, 1 - 2 pm.

