

## Who are our QCI staff?

- QCI specialists have extensive experience with multiple patient populations. We provide focused medical and psychotherapy clinic support for adults and children.
- QCI mental health professionals include Maryland-licensed psychiatrists and psychiatric nurse practitioners (CRNP-PMH); licensed therapists including social workers and professional counselors (LCSW-C, LMSW, LCPC, and LGPC); licensed registered nurses (RN) with mental health and psychiatric specialties and experience; case management and community support specialists; a certified compliance officer, and officers, directors, and administrators skilled in diverse mental health modalities with specialties in adult, adolescent and child issues.
- QCI also specializes in intervention, entitlement, life skills, community support, job readiness skills and development, housing, behavioral and psychological consultation, individual and family mental health education.



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# QCI Behavioral Health



## Mobile Treatment Services & Outpatient Mental Health Clinic

### QCI Behavioral Health includes:

**QCI of Southern Maryland**  
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**QCI**  
*for a Better Life...*

## The QCI Approach

- **What does QCI do?**

We emphasize prevention, wellness, and targeted mental health treatment to multiple population groups including children, adolescents, adults of all ages, homeless citizens, justice system referrals, individuals with mental illness, and people who are chemically dependent, many with physical disabilities.

- **Mobile Treatment Services**

QCI Mobile Treatment Services (MTS) uses a multidisciplinary approach to provide an intensive, integrated bundle of mental health services, with a person-centered, individualized treatment plan for each patient. We provide assertive outreach treatment and support to adults with Serious & Persistent Mental Illness (SPMI) and children with Severe Emotional Disturbances (SED) who have resisted other treatment. Each MTS patient is served by a team of caregivers. Each team includes a psychiatrist or psychiatric nurse practitioner, a nurse, a social worker or licensed counselor, and a community support specialist. Our teams of QCI mobile providers travel in communities providing services in the individual's environment – in the home, on the street, in shelters for the homeless – we reach patients wherever they are and work to help them find a better quality of life. Services include psychiatric evaluation and medication management, clinical assessment, counseling, support to obtain housing and employment, and daily living skills training.

- **Telehealth Program**

We also bring psychiatric services to patients in more distant Southern Maryland locations using our newest addition: Telehealth, also known as Telemental or Telepsychiatry. Telehealth allows our psychiatrists to treat patients online, using State of Maryland approved cameras and secure equipment. Telehealth patients are brought into our office in Lexington Park, MD for Telehealth services.



- **Outpatient Mental Health Clinic**

QCI Outpatient Mental Health Clinic (OMHC) services are available to all adults, children adolescents, and their families, frequently as a recovery step from the intensity of Mobile Treatment. OMHC services include individual, family, and group therapies designed to educate and clinically stabilize an adult, child, or adolescent's psychiatric condition, to promote family preservation, and enhance functioning and quality of life. OMHC services may be given over an extended period of time. Services include psychiatric evaluation and medication management, clinical assessment, psychotherapy, support to obtain housing and employment, and daily living skills training. The frequency and intensity of services provided are determined by an individual's treatment plan, prepared by the patient and our clinical and service provider staff. The overall goal is to promote a more positive, fulfilled life.

**QCI**  
*for a Better Life...*

## At QCI Behavioral Health

Our goal is to guide patients with mental illness toward recovery using MTS, OMHC, Telehealth, and Urgent Care Psychiatric Care in individualized, community-based, flexible program services to help patients live more independent, productive, healthy, and socially fulfilled lives in the community.

- The task of QCI is to respond quickly and positively to patients' needs. Our compact organization model and targeted service minimizes difficulties. Our fully functional Electronic Medical Records (EMR) provide portable real-time patient information both in the field and in the office.
- We provide our patients with the services of clinical, rehabilitation, and medical professionals. All are committed to:
  - Excellence of service to patients
  - Patient responsiveness, participation, cooperation, satisfaction, and wellness
  - High accountability and low cost
  - Skilled care to reduce hospitalization
  - Comprehensive, flexible services in an integrated one-stop approach for mental health treatment and community support services.
- We are authorized providers for Maryland Medical Assistance and Medicare as well as many other insurances.
- We provide Urgent Care Psychiatric Care to patients who are referred from area hospitals.

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For information and referral forms:  
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