

Behavioral Health Action Team Meeting

Friday, March 21, 2025

Agenda

- 1. Introductions
- 2. Partner Spotlight
- 3. Partner Updates
- 4. 2025 Projects
- 5. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

See the attendee list <u>here</u>

- Action Team Co-Chairs
 - Chris Shea Program Manager of the Health Hub at SMCHD
 - Jodi Gardiner- Lead Family Peer Support Specialist at Maryland Coalition of Families

Partner Spotlight

- Jacquelyn Ellis, Anna Kate Cagle, and Izzy Thornton representing the Legal Resource Center
 - Law students at University of Maryland's Public Health Law Clinic
 - View their slides <u>here</u>
- View the legislative tracker <u>here</u>.
 - Legislative update calls happen every other Tuesday from 11:30-12:30. The next one is scheduled for April 1st. Zoom link can be found <u>here</u>.
- Contact information for UMD: <u>publichealth@law.umaryland.edu</u>

Partner Updates

- HSMP has been asked to table at a few events this Spring. We need members to volunteer to help table for us to attend any event. If you are interested please sign up here
 - We need one person to sign up to help this Saturday at the Cherry Blossom festival, shift 1:15 - 4 pm
- SMCPS is holding their annual Mental Health & Wellness Fair on May 10. You can sign up to be a vendor <u>here</u>. HSMP is partnering for this event! Keynote speaker for vendors will start at 9. CEUs may be offered and networking time will be included as well.
- Legal Resource Center has updates on two cannabis bills
 - HB 1377: lift ban on outdoor advertising, which could impact youth use of cannabis.
 The bill has died but may come back in future years
 - SB215/HB 132: On site consumption. Amendments removed cannabis events and delays when on site consumption can be established (probably 2026/27) to think of public health considerations. Not allowed to smoke, only allowed to use edibles- will be able to operate as a food establishment

Partner Updates, Cont.

- The Teen Court program has seen issues with teens using THC in school and advancing to other substances. Evidence that using a judicial approach does not work. Trying to expand the teen court program by expanding the educational program to address this public health problem by partnering with SMCHD.
- SMCM and SMCHD are hosting Ruthie Alcaide, from MTV's The Real World: Hawaii for a talk on mental health and substance use on April 2. See the flyer here and register for the event here
- **SMCHD** is partnering with the **Department of Aging and Human Services** and the **Sheriff's Office** on April 26 for a medication take back and community shredding <u>event</u>. The Harm Reduction Program will be on site with syringe collection containers as well!
- The Mediation Center is having their Looking for Trouble 5k/Dance-a-thon <u>event</u> on March 29! The center works with the Health Hub to provide services.
- Maryland Coalition of Families will be hosting an Educational Binder workshop on April 23, from 2:30-4:30. Open to guardians/parents. <u>Registration</u> is required

Partner Updates, Cont.

- SMCM will hold a Take Back the Night <u>event</u> on April 10, from 6:30 8 pm! This
 is a national awareness campaign for sexual assault
- School-Based Health Centers will begin offering mental health services to students from other schools after spring break. There is a possibility of them being opened to community members during the summer
- The Commission on Aging met on March 24 to identify needs at the Garvey Senior Center.
- Recreation and Parks will be hosting the Cherry Blossom <u>Festival</u> on March 29
 - Period poverty donations will be collected by MOC
 - The **LMPP Community Garden** will have their open <u>house</u> during this event
- Recreation and Parks will hold their Easter Egg Festival on April 12, 10:30-3
 - HSMP is running a healthy food <u>drive</u>, the donation box is located at the entrance!
- Pathways 2nd annual 5k will be on April 12. See the flyer <u>here</u>

2025 Goals

Social Media Updates

- We are continuing to ask people to submit their events through our form so that we can let the community know what is coming up. Please submit them at least 2 weeks in advance!
- Action Item: We are also interested in doing provider spotlights. If you would like to spotlight an organization (including your own) please fill out this <u>form</u>.
- We are starting to use Instagram! Follow us @HealthyStMarys

Collaboration with CDAT

- Subcommittee meets on April 2 at 3:15 pm, bring your ideas!
- A meeting reminder will be sent out to everyone in BHAT and CDAT the day before. If you have any questions about joining, please reach out to <u>Lauren</u>

• Comprehensive guide

- See an <u>example</u> from midshore
- We can start with a resource library, a collection of the digital copies of all providers brochures in our county. After this we can work collectively to complete a document that has information on every provider (insurance accepted, services, contact information, languages)
- We can use a QR code on printed copies to link to a digital copy in case updates are made
- Action Item: Please submit general brochures of every behavioral health organization in our county that you are aware of by emailing HSMP, stmaryspartnership@gmail.com

Meeting Close

- Contact HSMP
- Upcoming Meetings/Elections



CONTACT HSMP



Submit your social media, flyers, and events to HSMP



Subscribe to receive our newsletter and email blast



Like us on Facebook



Visit our website



Email HSMP



Watch us on Youtube



Upcoming Meetings

- Interested in being our next partner spotlight? Sign up <u>here</u>.
- Our next meeting will be April 18,
 10 11 am .

