

Chronic Disease Action Team Meeting

Tuesday, March 25, 2025

1:00 - 2:00 pm

Agenda

1. Introductions
2. Partner Spotlight
3. More to Explore Update
4. Partner Updates
5. 2025 Projects
6. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

- See the attendee list [here](#)

- Action Team Co-Chairs
 - **Sareka Butler**, Asthma Program Coordinator at SMCHD
 - **Temeria Wilcox**, Board Certified Nursing Practitioner and Owner of NP Family Practice

Partner Spotlight

Caitlin Kirkpatrick, CPEST Program Supervisor and Lead Nurse Case Manager at SMCHD

- March is colon cancer awareness month
- View the slides [here](#)
- Reach out to [Caitlin](#) and [Nancy](#) for more information

More to Explore

- Goals for 2025
 - We are currently working with two Girl Scouts who are completing their silver awards and they have thought of some new locations
 - We hope to have all signs in English and Spanish, replaced in April/May
- New site additions and words
 - Check out our [list](#)
- Materials for signs
 - We've decided to use the plastic material again
- We may need help placing signs

Partner Updates

- **HSMP** would like to table at events but we must have members volunteer to help. If no one volunteers, we can not be present at events. Please sign up for what events you are interested in helping at [here](#).
 - We need one person to sign up to help this Saturday at the Cherry Blossom festival, shifts are 10:30 - 1:15 and 1:15 - 4 pm
- Save the date! The **2025 HSMP Annual Meeting** will be on September 25. Our theme is Public Health Starts Here: Thriving in St. Mary's. If you are interested in presenting, please submit your proposal [here](#).
- **SMCHD**: May is Asthma Awareness Month. Sareka will be leading a story time at the Lexington Park library on May 23, and at Carver Elementary with the Judy Center on May 21. [Sareka](#) is looking for partners to hold events for readings centered on asthma in May. Participants will get a free book!

Partner Updates, Cont.

- The **Carefirst** community health plan has two new benefits to members:
 - Mommy meals (for people who are 20-28 weeks pregnant) can receive home delivered fresh meals.
 - Safe drive will provide 6 free one-way drives to non-emergency appointments
- **SMCHD** is hosting a Community Baby Shower on May 3. Registration is open for 300 new and expecting parents.
- **Recreation and Parks** will hold their Easter Egg Festival on April 12, 10:30-3
 - HSMP is running a healthy food drive, the donation box is located at the entrance!
- **Recreation and Parks** will be hosting the Cherry Blossom Festival on March 29
 - Period poverty donations will be collected by MOC
 - The **LMPP Community Garden** will have their open house during this event

2025 Projects

- **More to Explore**

- This is a big transition year! We will need help from members to put up new signs.

- **Hypertension education**

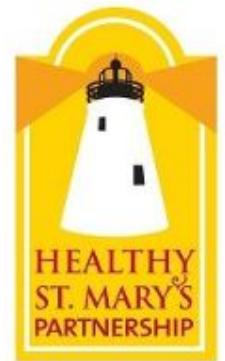
- We would like to plan a few pop up educational events on hypertension
- Ideas for locations? Have it at an established or a separate event?
 - Start with offering this at established events. If there is a good response then making it a separate event
 - If we take blood pressure readings, we have to have a partner who is qualified to complete them. HSMP can provide the educational component
- SMCHD has blood pressure monitors and logs we can give out!
- Medicare recipients can enroll in remote patient monitoring for different things, participants with hypertension get a blood pressure monitoring device and educational information. Temeria to share more information!

- **Collaboration with BHAT**

- Our subcommittee meets on **April 2 at 3:15**, bring your ideas!
- A meeting reminder will be sent out to everyone in BHAT and CDAT the day before. If you have any questions about joining, please reach out to [Lauren](#)

Meeting Close

- Contact HSMP
- Upcoming Meetings



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Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#).
- Our next meeting will be April 22, 1 - 2 pm.

