



HSMP Steering Committee Meeting

Monday, March 3, 2025

Agenda

1. Staffing Update
2. Bylaws Update
3. 2025 Annual Meeting
4. Community Health Assessment
5. Advocacy Agenda
6. Action Team Updates
7. Other Business?

Bylaws Update

- We are proposing an update to the bylaws that would prevent any organization from having more than 1 co-chair per action team.
 - Draft doc available in calendar invite
 - For example, SMCHD could only have one co-chair on BHAT but they could also have a co-chair on CDAT. They would not, however, be able to have 2 co-chairs in any of the action teams
 - “Each action team will have no more than one representative per organization as an action team co-chair”
 - Vote passed unanimously with those present

Annual Meeting 2025

- Date
 - September 25th, 2025
- Location
 - USMSM - contract in process
- Timing
 - Half Day with 1 afternoon session (end at 2)
 - Aetna to see about sponsoring lunch
- Theme
 - Public Health Starts Here: Thriving in St. Mary's
- Speaker ideas
 - Blue zones?
 - De-escalation techniques from the mediation center at the Health Hub
 - Bill/Jess Jolly- SMCM student public health (PH major is coming eventually but is currently an emphasis)
 - Offer Screenings (SMCHD, hospital, insurances?)
 - Body Comp
 - A1C
 - Mini mental health screenings
 - Preventing chronic disease
 - Georges Benjamin- APHA
 - We will issue a call for speakers this week.

Community Health Assessment

- 2026 is our community health assessment year!
 - There are several options for structured assessments
 - MAPP 2.0
 - Moxley
 - Steering Committee decided to move forward with using MAPP 2.0. SMCHD will work on getting staff trained ahead of 2026.
- Potential first action of CHIP - Blue zones?
 - Charles County completing assessment now
 - Lauren will be attending the Charles County Blue Zones kick off event on April 8, 4:30 - 6:30 pm.
 - If you are also interested in attending you can RSVP [here](#)
- Plan to do community events to provide their feedback rather than door-to-door canvassing for responses
- Utilize community commissions/boards to talk about topics important to them
 - Commission for Women - host a town hall on women's health

Advocacy Agenda

- RENEW Act
 - Submitted LOS
- Teen Dating Violence
 - Submitted LOS to Board of Ed
- SMCHD has a policy intern! They are looking at current legislation to provide an update on advocacy items included in the Healthy St. Mary's 2026 plan.

Action Teams

- We brainstormed goals for 2025 in January and have started creating actionable projects to complete this year
- There is interest in creating a subcommittee with members from BHAT and CDAT to focus on the connection between mental and physical health. We will choose a project after the subcommittee is started.
- We want to increase HSMP outreach but **we need people to step up to volunteer at these events**. Check out the events we plan to be at and pick a time to help [table](#)!

Action Team Updates

- EHAT

- Focus on period equity, food security, and cleaning up Lexington Park
- Period Equity Funding Workgroup is continuing! We are looking for a sustainable way to provide products to residents of our county.
 - MedStar recently donated products from a completed drive
- LMPPCG Composting & Harvesting Education
 - Composting is beginning! Accepting donations of browns (shredded paper)
 - The garden and education classes have started back

- CDAT

- Focus on nutrition education, health literacy, physical education, and tobacco education
- Cooking Demo recordings have been posted on our Youtube and a flyer was shared on Peachjar

Action Team Updates

- VIT
 - Focus on increasing outreach, IPV education, and community education
 - Teenage dating violence education was added to the advocacy agenda
 - Planning to continue to promote partner events on IPV and learning how we can get this information to students
 - Nat to send contacts- Sheila Milburn for Eastern Stars, Delicados - contact was Carmelita Shade
- BHAT
 - Focus on behavioral health education, harm reduction, and promoting community resources
 - BHAT wants to focus on increasing awareness of providers and services

Other Business?

- HSMP Gear
 - We are planning to order polos for outreach events & HSMP Annual Meeting. Please send us what size polo (unisex) you would like by **COB March 14**
 - Charcoal grey polo with the HSMP logo embroidered on the left chest