

Chronic Disease Action Team Meeting

Tuesday, May 27, 2025

1:00 - 2:00 pm

Agenda

- 1. Introductions
- 2. Partner Spotlight
- 3. More to Explore Update
- 4. Partner Updates
- 5. 2025 Projects
- 6. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

See the attendee list <u>here</u>

- Action Team Co-Chairs
 - Sareka Butler, Asthma Program Coordinator at SMCHD
 - Temeria Wilcox, Board Certified Nursing Practitioner and Owner of NP Family Practice

Partner Spotlight

- Kara Sarikaya & Manuella Massey from Seedco
 - Kara: <u>ksarikaya@seedco.org</u>
 - Manuella: mmaseey@seedco.org
 - seedco.org
 - View their presentation <u>here</u>

More to Explore

- Goals for 2025
 - We are currently working with two Girl Scouts who are completing their silver awards and they will help put up some signs
- New site additions and words
 - Check out our <u>list</u>
 - All words are translated in Spanish
- More to Explore is running June 13 September 2! Follow our MTE <u>Facebook</u> page
- Our booklet and signs are now updated and ordered!
- Share the <u>flyer!</u>

Partner Updates

- **NP Family Practice** will host school and sport physical <u>clinics</u> in their Lexington Office (Church of the Ascension, 2nd floor) this summer. June 21st will be the first fair, from 9 -12.
- UCAC and MOC are holding their <u>Juneteenth Freedom Day</u> at the fairgrounds on June 7, vendors are needed!
- Legal Resource Center- Cannabis update.
 - HB1377: cannabis advertising, would have repealed prohibition on outdoor advertising. This bill failed.
 - HB12/SB214: concern intoxicating hemp products like Delta 8 that are sold in non-dispensary locations. This bill gives the ATCC the rights to take these products off the shelves. ATCC <u>tipline</u>, you can report violations
 - HB132/SB215: on site consumption establishments for cannabis. This bill
 pushes back this to the 3rd round of licensing (~2027). They will only be
 able to serve edible products, not smoking/vapes. Cannabis events will not
 occur in the state

Partner Updates, Cont.

- SMCHD's VIT Unit and the Sheriff's Office are hosting <u>Community</u>
 <u>Violence Prevention Day</u> on June 28 at Nicolet Park. Sign up <u>here</u> to be a vendor or volunteer!
- HSMP is hosting a hike at Greenwell State Park on Friday, May 30, from 4 6 pm. This guided nature hike is free and open to everyone! Please register here as space is limited
- Community Culture and Cuisine <u>event</u> will be held on June 28th from 10:00 am - 4:00 pm at the Lexington Manor Passive Park. If you would like to be a vendor, fill out this <u>form</u> to secure your space.

2025 Projects

- Join our collaboration with BHAT as we create a mental and physical wellness event. Our subcommittee meets next on May 28 at 3:15. Email <u>Lauren</u> if you are interested in joining.
- Hypertension education
 - Provide education at an established event
 - HSMP will not have a table at the Freedom Day celebration due to staffing. What other events could we provide education?
 - First friday events- we could ask about having tables
 - Farmers markets having a table to provide education or screening
 - Lauren to follow up with Home Grown Market about the possibility of tabling
 - Ideas for events where we can provide blood pressure screenings?
 - We can distribute information on remote patient monitoring, NP Family Practice offers this <u>service</u>.
 - School based health centers may be able to help with screenings. Jenn to mention to nurses forum

2025 Projects

More to Explore

 This is a big transition year! We will need help from members to put up new signs.

Hypertension education

- We would like to plan a few pop up educational events on hypertension
- Ideas for locations? Have it at an established or a separate event?
 - Start with offering this at established events. If there is a good response then making it a separate event
 - If we take blood pressure readings, we have to have a partner who is qualified to complete them. HSMP can provide the educational component
- SMCHD has blood pressure monitors and logs we can give out!
- Medicare recipients can enroll in remote patient monitoring for different things, participants with hypertension get a blood pressure monitoring device and educational information. Temeria to share more information!

Collaboration with BHAT

- Our subcommittee meets next on April 30 at 3:15 to plan an event that includes a walk with a counselor and mini wellness sessions
- A meeting reminder will be sent out to everyone in BHAT and CDAT the day before. If you have any questions about joining, please reach out to <u>Lauren</u>

Meeting Close

- Contact HSMP
- Upcoming Meetings



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Upcoming Meetings

- Interested in being our next partner spotlight? Sign up <u>here</u>.
- Our next meeting will be June 24, 1 2 pm.

