

Chronic Disease Action Team Meeting

Tuesday, July 22, 2025

1:00 - 2:00 pm

Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. 2025 Projects
5. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

- See the attendee list [here](#)
 - As a reminder, please mute yourself when you are not speaking
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- Action Team Co-Chairs
 - **Sareka Butler**, Asthma Program Coordinator at SMCHD
 - **Temeria Wilcox**, Board Certified Nursing Practitioner and Owner of NP Family Practice

Partner Spotlight

- Sareka Butler, Asthma Program Coordinator at SMCHD
- View the NACCHO poster [here](#)
- Contact Sareka: sareka.butler@maryland.gov
- View the asthma website:
smchd.org/health-topics/chronic-disease/asthma-control-program

Partner Updates

- **HSMP** has issued a call for tabling applications at the 2025 Annual Meeting. Applications are due August 22!
- **HSMP** has released a text-based food security program. Please share our flyers in English and Spanish, and share the sign up link
- **SMCHD** will be tabling at National Night Out on August 5. NNO will be at Nicolet Park, Wildewood, Country Lakes, Leonard's Grant and Woodland Acres.
- Immunization clinics are coming up! They will be at the **SBHC** and **SMCHD**. Registration is strongly recommended
- **NP Family Practice** is running a period supply drive throughout the end of the year! You can donate supplies at their Leonardtown location or by contacting 301-997-4453 (call or text)

Partner Updates, Cont.

- The **SNAP-Ed** program has lost significant funding.
- **Full Plate Living** is a free resource for teaching healthy eating habits
- **SMCHD's** Nicotine Cessation Classes coming soon! There will be 2 versions: stand alone classes and a 6-week series. Registration is now open!
 - Wednesday 5:30-7:00 (one time class)
 - Tuesday 5:30-6:30 (normal sessions)
 - One time classes on Sept 10th, Nov 19th, Dec 17th, Jan 7th, March 4th
 - 6-week classes begins Sept 23-Oct 28, Jan 20-Feb 24, March 17-April 21

More to Explore (MTE)

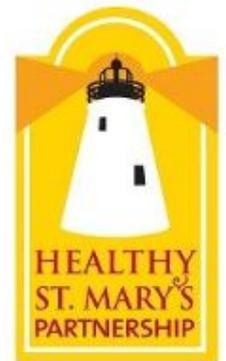
- MTE is LIVE for the summer!
- More to Explore is running June 13 - September 2! Follow our MTE [Facebook](#) page!
- Our booklet and signs are now at the libraries and with our outreach teams. Participants can get a physical book or use the [Beanstack](#) app.
- Share the flyer in [English](#) and [Spanish](#)
- We have one more event with Shaniqua Cousins to teach families about healthy snacks. Please share the flyer!
 - [July 25](#) at 2 pm at the Lexington Park Library. [Registration](#) is recommended!

2025 Projects

- Join our collaboration with BHAT as we create a mental and physical wellness event at the Lexington Park Library on August 11 at noon. Our subcommittee has its last meeting on **July 30 at 3:15 pm**. Email [Lauren](#) if you are interested in joining. Share the flyers in [English](#) and [Spanish](#)!
- Hypertension education
 - Provide education at an established event
 - We can distribute information on remote patient monitoring, NP Family Practice offers this [service](#).
 - **SMCHD** nurses have volunteered to provide blood pressure screenings at the Homegrown Food Market on August 30!

Meeting Close

- Contact HSMP
- Upcoming Meetings



CONTACT HSMP



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Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#).
- Our next meeting will be August 26, 1 - 2 pm.

