

Chronic Disease Action Team Meeting

Tuesday, August 26, 2025

1:00 - 2:00 pm

Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. 2025 Projects
5. Community Forum
6. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

- Welcome! Please sign in
 - As a reminder, please mute yourself when you are not speaking
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- Action Team Co-Chairs
 - **Sareka Butler**, Asthma Program Coordinator at SMCHD
 - **Temeria Wilcox**, Board Certified Nursing Practitioner and Owner of NP Family Practice

Partner Spotlight

- Rachael Okun
 - Hospice of St. Mary's
 - Email: rachael.R.Okun@medstar.net
 - View the slides [here](#)
 - Advance Directives [information](#)
 - MOLST [Information](#)

CPEST Updates

- Caitlin Kirkpatrick from SMCHD
 - View the slides [here](#)
 - Email: caitlin.kirkpatrick@maryland.gov

Partner Updates

- Registration is now open for the 2025 HSMP Annual Meeting on September 25. We will be holding a period product drive during this event. Please bring unopened boxes of period products to donate!
 - Interested in sponsoring? We're looking for giveaway items to add to bags, snacks, and bottled drinks. Please add your name to the list if you have an items to donate!
- **HSMP** is holding a hike at **Greenwell** on September 13! Please sign up, as registration is limited. This is a family friendly event. The hike is 1-mile with mild-incline
- The asthma program at **SMCHD** is updating action plans for families and getting appointments with allergists
 - Children must go to school with their medication, like asthma inhalers! They will be sent home without it
- **National Night Out** was a huge success! A lot of partners tabled and shared great resources!

Partner Updates, Cont.

- **UMD Extension** SNAP-Ed program has been eliminated. Christine Allred's position has been defunded, her last day is Sept 30
 - Dr. Littles is able to address a wider audience at **UMD Extension**
- Open enrollment is starting on November 1 for private health plans. Remember to check in during open enrollment as price changes will occur due to federal changes. Reach out to Kara at **Seedco** if you have questions/concerns!
- **NP Family Practice** is running a period product drive through the end of the year! You can drop off products or ask for them to be picked up!
- **SMCHD's** Nicotine Cessation Classes coming soon! There will be 2 versions: stand alone classes and a 6-week series. Registration is now open!
 - Wednesday 5:30-7:00 (one time class)
 - Tuesday 5:30-6:30 (normal sessions)
 - One time classes on Sept 10th, Nov 19th, Dec 17th, Jan 7th, March 4th
 - 6-week classes begins Sept 23-Oct 28, Jan 20-Feb 24, March 17-April 21

2025 Projects

- Mind & Motion, our collaboration with BHAT, was a success! We had 27 participants join. Thank you to everyone who helped plan this event!
- Hypertension education
 - Provide education at an established event
 - We can distribute information on remote patient monitoring, NP Family Practice offers this service.
 - **SMCHD** nurses have volunteered to provide blood pressure screenings at the Homegrown Food Market on August 30!

More to Explore (MTE)

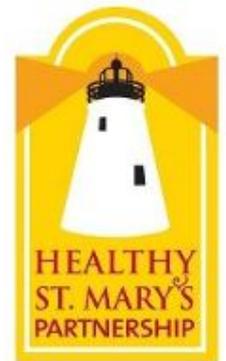
- MTE ends on September 2!
 - Remember to turn in physical booklets to the libraries! All entries (physical + app) will be entered in for 3 grand prizes!
 - Follow our MTE [Facebook](#) page!
- Our booklet and signs are now at the libraries and with our outreach teams. Participants can get a physical book or use the [Beanstack](#) app.
- We need your help to create a healthy recipe book! Print out this [page](#) and complete it with your child by September 2!

Community Forum

- Community Schools
 - Families that may struggle outside of school
 - 5 schools in the community
 - Located on the public school website, a great opportunity to connect with
 - Contact: Terri Cox at tjcox@smcps.org

Meeting Close

- Contact HSMP
- Upcoming Meetings



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Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#).
- Our next meeting will be October 28, 1 - 2 pm.
 - We will not meet in September

