



ST. MARY'S COUNTY
HEALTH DEPARTMENT

Community Support Partnership (CSP)

St. Mary's County Health Department/

The Maryland Community Health Resource Commission

Deosia Scriber

Community Support Partnership, Hub Coordinator

Maryland Community Health Resource Commission – Hub & Spoke Model

- The Maryland Community Health Resources Commission (CHRC), established by the General Assembly in 2005, is an independent body within the Maryland Department of Health that awards grants to expand access to high-quality health services in underserved communities across the state. To drive impact, CHRC deploys a hub-and-spoke model featuring five core types of spokes—community-based service providers—coordinated through a central hub to ensure efficient delivery, access to specialty care, and strong community partnership
- **Purpose:** Connect families to essential behavioral and mental health support services through a central hub.
- **Five Spokes:**
 - Cornerstone
 - Maryland Coalition of Families (MCF)
 - School-Based Health Centers (SBHC)
 - St. Mary's County Health Department Youth Mentoring Connections
 - Sante Group Mobile Response and Crisis Stabilization (MRSS)
- **Referral Pathways:**
 - **Mental Health Staff Referrals:** Counselors, social workers, pupil personnel workers (PPWs) , psychologists, and other staff identify needs and connect families to the appropriate service providers (spokes).
 - **Self-Referrals:** Families may directly request services without going through staff.

Enhanced In-Home Support Program (EIHSP)

- **Enhanced In-Home Support Program (EIHSP)**-Expands on the IHIP framework
- Focuses on youth with inadequate mental health insurance
 - Uninsured
 - Underinsured through private plans
- Introduces adventure-based outdoor therapy

Purpose

- In-home mental health interventions
- Adventure-based counseling
- Family-centered care

Alignment

- Addresses gaps in access to behavioral health services
- Aligns with local community needs & Maryland state priorities

School Collaboration

- Partners with all public schools in St. Mary's County
- Schools serve as central access points to reach diverse students

Target Population

- Students ages 5–17 with academic, behavioral, or emotional challenges
- Support across all developmental stages

Maryland Coalition of Families (MCF) Family Peer Support Specialists)

Family Peer Support Specialists (FPSS):

- Provide one-to-one emotional support, facilitate connections between families who share similar challenges and resource navigation for families of children with behavioral health challenges.
- Navigate the complex systems including educational, legal, health care or child welfare.
- Assist families in advocating for school supports, special education services, and IEP meeting preparation and attendance.
- Monthly virtual support group and various workshops with topics such as understanding behavioral health needs, navigating special education services, and developing self-care skills.

Needs Assessment & Resource Connection:

- Through use of Evidence-Based Program, conduct assessments to identify family needs and connect to appropriate resources and community programs.
- Facilitate eligibility and application for services like Targeted Case Management and 1915(i) benefits.

Evidence-Based Programs & Training:

- FPSS trained in Family Check Up model and Botvin Life Skills Parenting Program.
- Facilitate support groups to build parent networks and provide educational workshops on parenting and mental health.

Support & Capacity Building:

- Help families navigate post-crisis follow-up and discharge plans.
- Promote Parent CRAFT curriculum and train staff in Youth and Adult Mental Health First Aid and ASK Model for Youth, Teens and Families.

Sante's Mobile Response and Stabilization Services (MRSS)

- **One-on-One Interventions:**
 - Targeted, individualized support for Tier 3 students with acute behavioral health needs.
- **Crisis Call Counselors:**
 - Available 12pm-8pm to provide immediate phone support, with counselors strategically located for regional accessibility.
- **Mobile Response and Stabilization Team:**
 - Rapid response team to stabilize the crisis in the community and prevent escalation.
- **Follow Up and Care Coordination:**
 - Up to 8 weeks of stabilization visits, including skills building, wrap-around services, and multidisciplinary coordination.

 **877-618-0074 (No referral needed)**

School-Based Health Centers (SBHCs) – Behavioral Health Services Expansion

- **Locations:** Spring Ridge & Margaret Brent Middle Schools.
- **Services:**
 - Behavioral health diagnosis & treatment (The team includes a licensed clinical professional counselor (LCPC) and psychiatric nurse practitioner)
 - Individual & family sessions
 - Care coordination & youth mentoring connection
 - Medication management offered by the NP ages 6 and older
- **Access:**
 - Available year-round (Mon-Fri) (8am-4:00pm) with future evening hours
 - In-Person & Tele visits options case by case

SMCHD Mentoring Connections

Services Provided Program

Care Coordination:

- Individualized support for youth navigating school, home, and community challenges.

Certifications includes: Nurturing Parenting, Botvin Life skills Training, Therapeutic Mentoring, ACEs Master Training

• Resilience Screening:

- Assesses students' coping skills and emotional strengths to tailor support.

• ACEs Education:

- Provides education on Adverse Childhood Experiences (ACEs) to increase awareness and inform interventions.

• Connection to Mentoring Organizations:

- Links youth with appropriate mentoring programs based on their needs and interests.

Mentoring Programs includes: Zen Well, Studios, Building Bridges, The Cove, Diving by Design, Young Ladies on the Rise, Knowledge Boxing, Empower Hour- (In School Mentoring Program, Great Mills High School)

• Target Population:

Youth ages 7–17 facing challenges related to:

- Mental health
- Risky behaviors
- Home, school, or community issues

Referral Process Overview

Identification of Need:
School staff or parents recognize the need for support.

Referral Submission: A referral form is completed by school personnel and sent to the service provider that best matches the student's needs for review.

Family Contact:
The program intake coordinator reaches out to the family to initiate the process.

Hub Coordination (CSP):
The Hub Coordinator offers guidance and support throughout the process (note: not responsible for intake).

Contact Information

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