



Chronic Disease Action Team Meeting

Tuesday, October 28, 2025

1:00 - 2:00 pm

Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. 2025 Projects
5. Community Forum
6. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

- See the attendee list [here](#)
 - As a reminder, please mute yourself when you are not speaking
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- Action Team Co-Chairs
 - **Sareka Butler**, Asthma Program Coordinator at SMCHD
 - **Temeria Wilcox**, Board Certified Nursing Practitioner and Owner of NP Family Practice

Partner Spotlight

- Caitlin Kirkpatrick from SMCHD
 - CPEST Program Supervisor and Lead Nurse Case Manager
 - October is Breast Cancer Awareness Month!
 - Email: caitlin.kirkpatrick@maryland.gov
 - View the [slides](#)

Partner Updates

- Thank you to everyone who attended the 2025 **HSMP** Annual Meeting! We had 120 attendees and collected 500+ period products that were donated to the domestic violence hotline
- **HSMP** has updated our [food pantry flyer](#). Please share it with your community and clients! If you see any hours to be updated or if you know of a pantry we have missed, please email [Lauren](#) so she can update it
- **Zen Well** has a [proposal](#) for different projects we can start thinking about
 - We can pick 1-2 topics in January for our team to work on throughout the upcoming year
- **Zen Well** will hold the [Ruby Bridges Walk to School](#) on November 14, 12:15 - 12:45 pm at Great Mills High School
- Sareka from the **SMCHD Asthma Program** is working with the school board to make sure the asthma action plans are updated and making sure prescriptions are updated
- **SMCHD** [nicotine cessation](#) programs next 1-time class is on November 19! You can also [sign up](#) for the next 6 week session as well.
- **SMCHD** is collecting interest [forms](#) for the healthy hearts blood pressure self management. This program will be open to the community. Flyer to come!

Partner Updates, Cont.

- **Seedco's** Kara is on maternity leave. Please send any questions to [Manuella](#). Open enrollment is Nov 1 to Dec 15. If you know anyone in need of health insurance please direct them their way!
- Caitlin Kirkpatrick from **SMCHD** will be presenting at the Cancer Control conference in November. She will be highlighting the work we do in CDAT and how it correlates to cancer prevention
- **Lexington Park Community Partnership** is hosting their 5th Annual Thanksgiving Dinner at the **Church of the Ascension** on November 27 from 12 - 4 PM. This event is open to the community! Flyer to come. There will be a collection for food before the event, keep an eye out on the LPCP [Facebook](#) for more information
- HSMP is running a healthy food drive from October 30 - November 19. You can drop off items at the Leonardtown SMCHD office lobby or the Health Hub in Lexington Park.

2025 Projects

- Mind & Motion, our collaboration with BHAT, was a success! We had 27 participants join. Thank you to everyone who helped plan this event!
- Hypertension education
 - Provide education at an established event
 - We distributed information on remote patient monitoring, NP Family Practice offers this service.
 - **SMCHD** nurses provided blood pressure screenings at the Homegrown Food Market on August 30!

More to Explore (MTE)

- MTE ended on September 2!
 - 1,000 participants!
 - Follow our MTE [Facebook](#) page for next year!
- Our booklet and signs were at the libraries and with our outreach teams. Participants could get a physical book or use the [Beanstack](#) app.
- We had community members submit healthy recipes and their kids draw them. You can see the recipe book [here!](#)
- We will begin preparing for MTE 2026 in Spring of next year

Community Forum

- SNAP benefits potentially ending at the end of this week. SMC is issuing a [press release](#) that will have some more information & resources
 - People may lose benefits at different times
- Title 1 schools have food banks! If you have a child who attends one of these elementary schools. Please reach out to the resource coordinators- they may be able to help distribute food!
 - Carver Elementary- dlcole@smcps.org
 - Lexington Park Elementary- jbwhitmer@smcps.org
 - Green Holly Elementary- rlbain@smcps.org
- **HOPE SMC** has a free food distribution event every 1st Friday at Church of the Ascension @ 10 am. Ridge VFD has a mobile food pantry every 3rd Friday at noon.
- **HSMP** has a text based system where you can [sign up](#) to receive texts about food distribution events, food pantry info, and healthy recipes!

Meeting Close

- Contact HSMP
- Upcoming Meetings



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Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#).
- Our next meeting will be on December 2 at 1 PM

