



Environmental Health Action Team Meeting

Wednesday, October 15, 2025

10:00 - 11:00 AM

Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. 2025 Projects
5. Community Forum
6. Meeting Close
 - Contact HSMP
 - Submit your flyers

Introductions

- See the attendance list [here](#)

Action Team Co-Chairs

- **Christine Delise**, Community Development Coordinator at Aetna Better Health of Maryland
- **Tytiana Snyder**, Environmental Health Admin Specialist at SMCHD

Partner Spotlight

- Nicole Bega
 - St. Mary's County Commission on the Environment Chair
 - Email: coestmarys@gmail.com
 - View presentation [here](#).

Partner Updates

- Thank you to everyone who attended the 2025 **HSMP** Annual Meeting! We had 120 attendees and collected 500+ period product for our community members
- We will be sending out an email for nominations for HSMP co-chair and vice-chair nominations later this month
- **HSMP's VIT Action Team** is cohosting the "Why Don't They Just Leave" Panel on October 20 with **SMCFA** at the Lexington Park library. We will start packing bags for survivors at 5 pm (all supplies provided) with the panel starting at 5:30. We also had an art contest for depictions of healthy relationships, you can vote on submissions here
- SMCHD is hosting flu clinics this Fall. You can view the schedule here.
- The Lexington Manor Passive Park Community Garden Harvest Festival and Seed Swap will be held on October 26, from 1 - 4 PM. HSMP will be tabling! This is a new annual celebration to celebrate the season and accomplishments.
- Nominations are being accepted for Sustainability Awards from the SMC Commission on the Environment.
- Community Garden (CDC) is planning to reach out to local businesses to start a partnership for community composting which will allow drop off of compostable materials.
- The St. Mary's 205 website currently has an open comment period for the St. Mary's 2050 plan.

2025 Projects

- Our Period Supply Toolkit has launched! You can view it [here](#). If you are interested in joining our period supply workgroup, please email [Lauren](#) or [Suha](#). We also have subcommittees for education and advocacy.
- Cleaning up Lexington Park
 - The CDC hosted their community clean up event on October 4. Carla reported that there was a good turnout and they were working on ideas on how to improve it. Maybe more frequent events in the future.
- Food Security Text System
 - We're sending out weekly texts with information about food pantries, food distributions, and healthy recipes to the residents who sign up
 - We have funding to continue for another year!
 - [English](#) and [Spanish](#) flyers
 - Share the sign up link [here](#)!
 - We currently have 305 participants!

Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#).
- Members voted to combine our November and December meeting. The next meeting will be held on:
 - **November 19 (typical EHAT meeting date)**



Community Forum

- Food pantries may see an influx of participants during the federal shutdown, especially from military families
 - Rebecca & NaTosha from the SMCHD outreach team will update us on any changes in attendance to the St. Mary's Soup Kitchen after their visit on 10/16/25
- Maryland WIC and SNAP programs are still funded by the state (which includes our local county programs)!
 - Please share this information with community members since there is confusion due to the lack of federal funding for these programs

Meeting Close

- Contact HSMP



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