

Violence, Injury, & Trauma

(VIT) Action Team Meeting

Thursday, October 23, 2025

1:00 - 2:00 PM

Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. 2025 Projects
5. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

- See the attendee list [here](#)
- As a reminder, please mute yourself when you are not talking

Action Team Co-Chairs

- **Taylor Spencer Davis**, Deputy Director at Southern Maryland Center for Family Advocacy
- **Michelle Pottinger**, Program Director, VIT Unit at SMCHD

Partner Spotlight

- Greg Reuss
 - American Foundation for Suicide Prevention
 - Email: reussohana@aol.com
 - Out of the Darkness Walk on October 26 at 9 AM in St. Mary's City.
 - You can view the slides [here](#)

Partner Updates

- Thank you to everyone who attended the 2025 **HSMP** Annual Meeting! We had 120 attendees and collected 500+ period product for our community members
- We need a volunteer for Halloween in the Square on Saturday to assist Lauren with the **HSMP** table! Lexington Park Square from 1 - 4 PM (setup at 12 PM) on Saturday 10/25
- Michelle will be stepping down as co-chair at the end of this year. We need a person to volunteer to take on her role for a 1 year term. Please let Lauren know if you are interested or if you have any questions
- The **SMCHD VIT unit** will host parenting classes on the 3rd Thursday of the month at **Lexington Park Library** at 5:30. Topics include positive discipline strategies, effective communication, parenting in a digital world. Capacity of 15! Register early
- **GVI** testimonial film will be shown at APHA conference in November in DC!
- **Fleet & Family Services** has multiple upcoming events
 - Healthy Relationships for Adults (virtual) – December 17, 2025 @ 10 AM; February 12, 2026 @ 10 AM; March 12, 2026 @ 10 AM
 - What is Stalking? (virtual) – January 15, 2026 @ 10 AM; January 29, 2026 @ 10 AM
 - FAP Full Day Curriculum (in-person) – February 4, 2026 @ 10 AM large classroom; May 13, 2026 @ 10 AM Classrooms 1 & 2; base access required
 - #No2Abuse Event – Held in April 2026, but TBD on specific date, 12 -3:45 PM, Frank Knox building. Let Emelie know if you would like to participate in the panel!
 - Kickball tournament is rescheduled for November 6! Email Emelie if you are interested in tabling!

Partner Updates

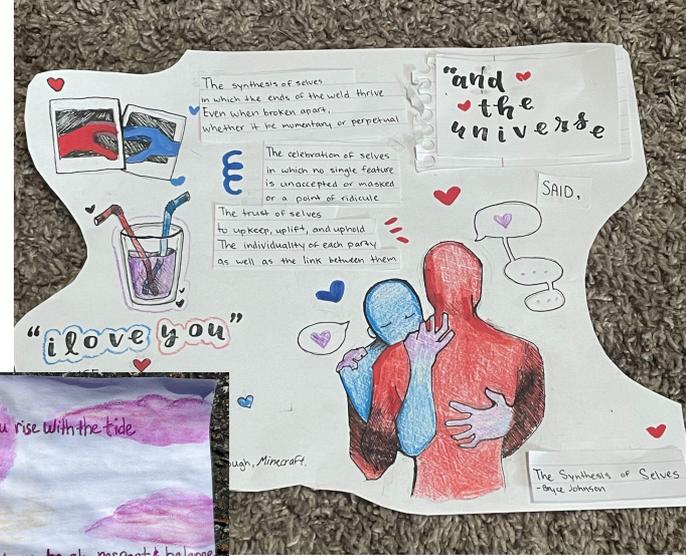
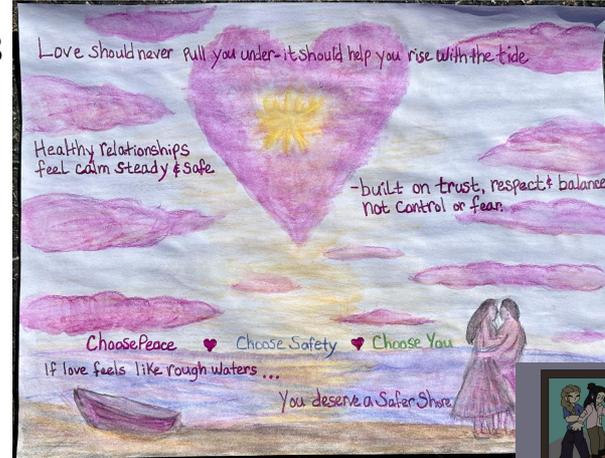
- **SMCHD** is hosting several flu clinics this fall! See the flyer for more clinic dates for ages 6 months - 18 years [here](#).
- **MedStar**, along with **SMCFA**, and many more donors dedicated room 18 in the Emergency Department in memory of Darlene Dowsey for survivors of domestic violence. Collaborated with the arts council to make it a more calming and comfortable atmosphere. Includes a private bathroom and equipment sponsored by **SMCFA**. You can see the Facebook post [here](#).
- The **Lexington Park Library** will be holding the first annual Harvest Festival and Seed Swap on Sunday, October 26 at the **Lexington Manor Passive Park Community Garden** from 1 - 4 PM. Register for this free, family-friendly event [here](#)!

2025 Projects and Goals

- ACEs Events
 - **Military:**
 - A prerecorded training with a voiceover
 - Under 10 minutes: includes easy to understand language
 - **Fleet & Family Services** provided a powerpoint that we reviewed and edited
 - Next step is to record a voiceover and then post the lecture
 - Brianne will be recording a voiceover for this!
 - **Spanish-speaking community:**
 - We need to ensure the document uses plain language and is culturally relevant
 - **Action item:** Provide input and feedback on the English document (to be translated later)
 - SMCM Latin American mental health resources project here

2025 Projects and Goals

- Teen Dating Violence Awareness Month (February) & Prevention Education
- Why Don't They Just Leave panel for Domestic Violence Awareness Month was a great success! We had 70 participants and 8 art submissions
- A huge thanks to everyone who helped with this event!
- 30 bags for survivors were packed
 - Outfit, blanket, period products, charging kits, slippers, socks, hygiene kits, hand sanitizer, water bottles, and more!
- Join our subcommittee as we begin to work on future projects! Email Lauren if you are interested



Community Forum

- WIC in MD is still available, though SNAP may be ending. There may be increased stress on food pantries due to the government shutdown, but our team has not noticed anything so far.

Meeting Close

- Contact HSMP
- Upcoming Meetings



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Upcoming Meetings & Events

- We will combine our November/December meeting
 - December 4 at 1 PM
- Interested in being an upcoming Partner Spotlight? Sign-up [here](#).

