

# **Chronic Disease Action Team Meeting**

**Tuesday, December 2, 2025**

**1:00 - 2:00 pm**

# Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. Community Forum
5. Meeting Close
  - Contact HSMP
  - Upcoming Meetings

# Introductions

- See the attendee list [here](#)
  - As a reminder, please mute yourself when you are not speaking
- 
- Action Team Co-Chairs
    - **Sareka Butler**, Asthma Program Coordinator at SMCHD
    - **Temeria Wilcox**, Board Certified Nursing Practitioner and Owner of NP Family Practice

# Partner Spotlight

- Dr. Panagis Galiatsatos
  - Director of the Johns Hopkins Tobacco Treatment Clinic
  - Reach out for CME courses or collaborations
- Focus on reaching out to youth on tobacco and vape use. Biggest study released about the negative impacts of e-cigarettes (longer-term impacts TBD).
- Population-based outreach for areas with high rates of adults smoking. Youth are the main population targeted by tobacco companies. Vaping is harder to stop than traditional cigarettes
- The goal is to tackle tobacco dependence, which may not have as much focus as before. 128k patients registered at Hopkins as smokers.
- Strategy to approach patients
  - Cigarettes purpose is to deliver nicotine which drives addiction. Nicotine found in cigarettes is chemically manipulated to make more addictive. This nicotine replicates acetylcholine.
  - Prevention efforts among youth. Counseling with youth- those who start vaping as a teen take longer to stop use
- Vaping is not harm reduction, though it was presented as such originally. Products with synthetics nicotine will be able to be labeled as tobacco free in the future
- Event coming soon at SMCM!

# Partner Updates

- We have launched our Community Partner [Assessment](#) as a part of our Community Health Assessment. Please complete 1 survey per organization by January 28! We will be launching a survey for all community members in January. Please help us share these as they help us determine the HSMP priority areas for the next 6 years
- **SMCHD** will host their last stand-alone tobacco cessation class of the year on December 17! Please [register](#) for this free virtual class! There will be more stand-alone and 6-week sessions in 2026!
- **Top Ladies of Distinction** will host a Heart Health and Wellness Resource Fair on February 7, from 10 AM to 2 PM in Waldorf. If you are interested in tabling please reach out to [Tammie Smith](#)
- Caitlin Kirkpatrick (**SMCHD**) presented at the 32nd Annual MD State Council on Cancer Control Cancer Conference in November! She talked about the work we have been doing in CDAT
- The **Legal Resource Center** will present on December 11 at noon on federal tobacco updates. Register [here](#)
- The **WARM program** is still looking for volunteers to drive in mornings and evenings (van provided)! Please reach out to [Ursula Harris](#) if interested

# Partner Updates, Cont.

- The **Lexington Park Business Association** is hosting the Holly Days at Lexington Park Library on December 6, 5:30-6:30 with a Christmas tree lighting. On December 7, from 1 - 4 PM there will be a Holiday Extravaganza. Bring your families for this fun event! The **Arts Council** will have crafts for all ages and Santa will be in attendance!
- **Park Hall Elementary School** is going to open a food pantry. Please contact Rochelle Dickerson at 301-475-5511 ext. 15131 if you would be interested in supporting
- Save the date! The Cherry Blossom Festival, hosted by **Recreation & Parks**, will be on March 21. More details on vendor registration will be released in early 2026
- **SMCPS** are hosting a winter apparel drive through December 19. You can view all drop-off locations here
- **St. Inie's** has their winter clothing available to drop any off or pick up at all times on their porch.
- **Zion UMC** is looking for volunteers for packing groceries and drivers to deliver groceries. They are accepting donations as well!
- **SMCHD** is starting their Healthy Hearts Ambassador program. Register for this free program!

# 2025 Projects

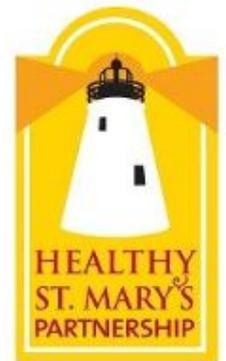
- More to Explore will begin in June 2026
  - We may ask people in CDAT to check signs in April/May

# Community Forum

- Sue knows someone who would be interested in doing rehabilitative pilates and is interested in doing an event at Lexington Manor Passive Park. Rec & Parks are interested! Lauren will follow up.

## Meeting Close

- Contact HSMP
- Upcoming Meetings



# CONTACT HSMP



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# Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#).
- Our next meeting will be on January 27

