

Top Ladies of Distinction, Inc Southern Maryland Chapter



NCNW
Charles County Section



GO RED

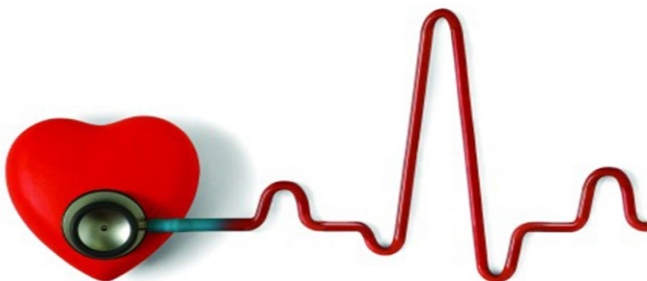
for Heart Health and Wellness
Annual Community Health and Resource Fair

Saturday, February 7, 2026

10 am – 2 pm

Northpoint High School
Waldorf, MD

Go Red
For Your Heart
and Soul



Community Resources for all ages

Health Screenings | Exhibitors | Prizes

Exercise Demos | Vendors