



Behavioral Health Action Team Meeting

Friday, January 16, 2026

10:00 - 11:00 AM

Agenda

1. Introductions
2. Partner Spotlight
3. Advocacy Agenda
4. Partner Updates
5. 2025 Project Wrap-up
6. 2026 Projects
7. Community Forum
8. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

- See the attendee [list](#)
 - As a reminder, please mute yourself when you are not talking
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- Action Team Co-Chairs
 - **Chris Shea** - Program Manager of the Health Hub at SMCHD
 - **Jodi Gardiner**- Lead Family Peer Support Specialist at Maryland Coalition of Families

Partner Spotlight

- Jennifer Voorhar
 - Owner and Therapist at Hope and Healing Therapy and Wellness Center
 - Contact: jennifer@hopehealingtherapy.com
 - Contact for services/general information: admin@hopehealingtherapy.com
 - View the [website](#) (you can make an [inquiry](#) for services)
 - View the [slides](#)
 - Upcoming events:
 - [Wings of Wellness](#)
 - Nurse Practitioners [flyer](#)
 - [Pelvic floor therapy](#)
 - Jump into the [FLAME](#)



Advocacy

- **[HB0280](#) - Health Insurance - Mental Health and Substance Use Disorders - Codification of Federal Requirements:** Codifying in State law certain provisions of the Code of Federal Regulations related to mental health parity and clarifying the authority of the Maryland Insurance Administration to enforce certain laws; requiring health insurance carriers to collect and report on data in a certain manner; requiring health insurance carriers to provide certain benefits under certain circumstances; requiring health insurance carriers to explain differences in access to care under certain circumstances; etc.
 - Vote: passed 19 to 0
- **[SB0039](#) - Behavioral Health - Certified Community Behavioral Health Clinics and Outpatient Mental Health Centers - Reimbursement Rates:** Establishing the Workgroup on Certified Behavioral Health Clinic Implementation and Rate Methodology in the Behavioral Health Administration; requiring the Maryland Department of Health to conduct a certain rate study of outpatient mental health centers in the State; requiring the Department to increase the Maryland Medical Assistance Program reimbursement rate for outpatient mental health centers by 3% in fiscal years 2026 and 2027; etc.
 - Vote: Passed 19 to 0
- These bills will be brought to the HSMP steering committee to be voted on, per the bylaws. If passed, a Letter of Support (LOS) from HSMP will be written and submitted

Partner Updates

- **HSMP** has launched our Community Partner Assessment as a part of our Community Health Assessment. Please complete 1 survey per organization by January 28! The Community Health Assessment should be launching next week. Please help us share this as it will help us determine the HSMP priority areas for the next 6 years! The survey will be open until June 30, 2026, to all who live, work, or play in SMC.
- The **Health Hub** and **Spring Ridge SBHC** will be holding an open house on March 19th, from 5:30 - 7 for tours.
- **Maryland Coalition of Families** will host a Family Day in Annapolis on February 12 from 11 - 2 to share experiences with legislators during this legislative session. Participants will get information on advocacy. Buses from Charlotte Hall are available! Registration is required, lunch is provided, no cost!
- **Inner Peace Therapeutic Services** is offering free virtual classes on trauma-sensitive yoga once a month. Register by calling the office at 301-863-6333. Visit their website to find out more.
- **Pathways'** Outpatient mental clinic is currently open, serves individuals as young as 10 years old. Outpatient Mental Health Clinic has multiple therapists that currently have no waitlist. Contact 301-373-3065 ext 241 (Amanda or Kristy). Contact David for PRP information and referrals.
- **SMCHD's NFP & Thrive by Three**, received endorsement through the Infant Mental Health Association of MD and DC to support families and their new children
- Cornerstone: In home intervention program for children 5 - 17 is a 15 month program to help adolescents with mental health issues at risk of foster care or residential placement. Medicaid and uninsured are accepted, they now accept private insurance.

Partner Updates, Cont.

- **Charlie Health** has expanded their age range to 8 - 64 and Spanish-speaking services!! Launching a free tech program to assist using virtual health services! Contact [Liam](#) if they have any questions
- **Center For Children** is accepting [referrals](#) for Psychiatric Rehabilitation Program (PRP). Accepting clinical clients, age 5-17. Transitioning program 18 - 23. Care coordination for services in SMC should be starting in February for children with a mental health diagnosis.
- **Pathways'** TAY/MISA program are taking referral. In March they will have additional housing available. They are accepting referrals for age 16-25. More housing available starting in March. Contact [Britney](#) or [Molly](#) for more information
- **Carelon** is offering another round of HEDIS trainings beginning February 3. Register [here](#)

2025 Projects Wrap Up

- **Comprehensive guide**
 - SMCHD's Behavioral Health division is creating a comprehensive guide of behavioral health services in the community that will be accessible to the community
- **Mind & Motion**
 - Mental and physical wellness event in August with 27 participants!
- **Increased social media and outreach presence to share resources**
 - HSMP launched our instagram this year @[healthystmarys](#)! We have over 50 followers
 - We've continued to post daily on [Facebook](#). We currently have more than 800 followers

2026 Projects

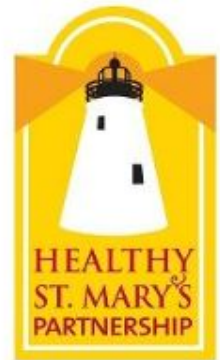
- Since we will be focusing on the CHA this year, we will only have capacity to work on 1-2 projects throughout the year. We need collaboration from members to complete projects
- Review our priority areas to brainstorm project ideas that support these goals
- Ideas:
 - Host a training on SUD or recovery strategies
 - Mental Health America has an online screener that is meant as a first step which could prompt people to seek professional help (promote SBHC and Hub)
 - Opioid Response Network (ORN) provides free training and education to address opioid, stimulant and all substance use disorders. Taylor has partnered with them to facilitate a free, virtual person-first language training.
 - Social media toolkit and campaign focused on a mental health topic
 - Gambling, sportsbetting, underage gambling, video games (MCF does work on this)
 - Please send any other ideas to stmaryspartnership@gmail.com

Community Forum

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Meeting Close

- Contact HSMP
- Upcoming Meetings



CONTACT HSMP



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Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#)
- Our next meeting will be February 20, 2026

