



Behavioral Health Action Team Meeting

Welcome! Please Sign In

Friday, February 20, 2026

10:00 - 11:00 AM

Agenda

1. Introductions
2. Partner Spotlight
3. Advocacy Agenda
4. Partner Updates
5. Comprehensive Guide
6. 2026 Projects
7. Community Forum
8. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

- See the [attendee list](#)
 - As a reminder, please mute yourself when you are not talking
-
- Action Team Co-Chairs
 - **Chris Shea** - Program Manager of the Health Hub at SMCHD
 - **Jodi Gardiner**- Lead Family Peer Support Specialist at Maryland Coalition of Families

Partner Spotlight

- Lauren Arney, Local Health Improvement Coordinator
 - Healthy St. Mary's Partnership Outreach Training
 - Share the CHA with community members! Learn more and download flyers at healthystmarys.com/cha2026
 - View the slides



Community Health Survey

Open to all who live, work, or play in St. Mary's County, Maryland

Let us know what health topics are important to you in this 5-10 minute survey

Complete to be entered into a random drawing for ALDI gift cards and wellness items



Survey Closes June 30, 2026

Learn more at healthystmarys.com/cha2026



Scan to take the survey!



Encuesta de salud comunitaria

Abierto a todos los que viven, trabajan o disfrutan de su tiempo libre en el condado de St. Mary, Maryland.

Haznos saber qué temas de salud son importantes para ti en esta encuesta de 5 a 10 minutos.

Completa la encuesta para participar en un sorteo de tarjetas de regalo de ALDI y artículos de bienestar.



La encuesta se cierra el 30 de junio de 2026

Para más información, visita a healthystmarys.com/cha2026



Escanear para llenar la encuesta

TIPS FOR OUTREACH

MAKE THE TABLE APPROACHABLE



- Use the HSMP tablecloth
- Mix in fun outreach items with resources
- Remember to smile and say hello to everyone who walks by
- Stay off your phone.

CUSTOMIZE YOUR TABLE FOR EACH EVENT

Use items that make sense for the event. If there will be families there, you can offer coloring books. If it is adults only, think about what items and resources make sense. HSMP will typically give you all the items and resources you need for the event. You can bring some relevant items and resources from your organization as well.



WORK ON YOUR PITCH

Practice a 1-2 sentence summary of HSMP to share with people. The general public may not be interested in attending meetings, but may be interested in resources. You can also direct them to sign up for the newsletter through the membership form.

Pick 2-3 items on the table to direct people to based on their demographics. Families may be directed to park resources, while adults may be directed to food pantry information.



MAKE ATTENDEES COMFORTABLE

Some resources may carry a stigma, which can deter people from picking up items, such as food pantry information or parenting classes. You can direct them to the information by saying, "If you know anyone who may be interested. Some people are very comfortable sharing their struggles with you. Be compassionate and direct them to the best resource, even if it isn't HSMP."



RECORD THE EVENT

- Take photos of you at the table to be shared on social media
- Do not take photos of the general public without a completed social media release form!
- Use your clicker to count how many people come to the table - children count!

BE COMFORTABLE NOT KNOWING

It's okay to not have all the answers! If someone asks a question you don't know, write down their information & question and let them know that HSMP staff will reach out to them with an answer. You can also give them a business card.



Advocacy

- **[HB0280](#) - Health Insurance - Mental Health and Substance Use Disorders - Codification of Federal Requirements:** Codifying in State law certain provisions of the Code of Federal Regulations related to mental health parity and clarifying the authority of the Maryland Insurance Administration to enforce certain laws; requiring health insurance carriers to collect and report on data in a certain manner; requiring health insurance carriers to provide certain benefits under certain circumstances; requiring health insurance carriers to explain differences in access to care under certain circumstances; etc.
 - Vote: passed 19 to 0.
- **[SB0039](#) - Behavioral Health - Certified Community Behavioral Health Clinics and Outpatient Mental Health Centers - Reimbursement Rates:** Establishing the Workgroup on Certified Behavioral Health Clinic Implementation and Rate Methodology in the Behavioral Health Administration; requiring the Maryland Department of Health to conduct a certain rate study of outpatient mental health centers in the State; requiring the Department to increase the Maryland Medical Assistance Program reimbursement rate for outpatient mental health centers by 3% in fiscal years 2026 and 2027; etc.
 - Vote: Passed 19 to 0. View the [Letter of Support](#)
- Both bills passed steering committee. Amanda will be writing LOS for us to submit.

Partner Updates

Please type out your update, including any links or contact information, and put them in the chat. This ensures the minutes are correct.

- **HSMP** has launched a survey for all community members. Please help us share these as they help us determine the **HSMP** priority areas for the next 6 years! The survey will be open to all who live, work, or play in SMC until **June 30, 2026**. Learn more and download the flyers at healthystmarys.com/cha2026
- The **Health Hub** and **Spring Ridge SBHC** will be holding an open house on March 19th, from 5:30 - 7 for tours.
- **NFP** and **Thrive by 3** received endorsement as infant family specialists and helping families use healthy parenting tools. They were using reflective practice for clients and staff through UMD. The next cohort begins in 2027 for those who are interested.
- The **SMCHD** Community Baby Shower will be on May 2, from 9:00 - 11:00 in the parking lot of **Margaret Brent SBHC!** New families are welcome to register to receive items. Registration for attendees to come, limited to 300! Apply to be a vendor by March 15.
- **NFP** hosted CPR classes at the Health Hub for parents!
- **MCF** will have a Virtual Workshop introducing Botvin Parenting Feb. 27 6pm-7:30pm Register at: mcf.family/workshop
- **SMCHD** and partner organizations will have their Annual Community Shred and Medication Take Back day on April 25 at the **Department of Aging**, 9 AM to 1 PM. Safe disposal of sharps as well, Risk Reduction team will be there. Contact Nicoletta if you have any questions

Partner Updates, Cont.

- Changing the title of Harm Reduction to Risk Reduction at **SMCHD**/Health Hub. All services will remain the same.
- The **Community Mediation Center** will host their annual Looking for Trouble 5k and Dance-a-thon on March 28. Please [register](#) by March 1!
- **Carelon** invites stakeholders to nominate participants for the [Participant Advisory Committee](#). Seeking those with lived experience to help shape and influence future care delivery. Meetings are held every two months on the second Wednesday of the month from 10-11am
- There is a [grant](#) for peer recovery specialist within our community from the **Department of Labor**, partnering with multiple organizations to expand PRS within the county. Helps to cover training, increase retention
- **CHRC**: Had a community support partnership **NOFA**. They are currently funding 4 providers. These services are provided to youth in the schools. If you have questions, reach out to [Tammy](#)
- **Tri-County Recovery Festival** will be on September 5, 2026 from 10 - 2 at Annmarie Sculpture Gardens. Vendor registration to come!
- Save the Date! The **HSMP** Annual Meeting will be on September 24, 2026 from 8:30 - 3
- HEDIS Roadshow [Trainings](#) continue to be offered by **Carelon**. The next session scheduled for March 3rd with a focus on IET - Initiation and Engagement for SUD Treatment.

Partner Updates, Cont.

- You can view the list of upcoming classes through **Fleet and Family Services** [here](#)
- The **Blue Angels'** Air Show on base is scheduled for June 19th (DoD only) and June 20-21 (open to the public). Flyer to come!
- Save the date for **FFS** Casting Hope Suicide Prevention Awareness Fishing Event on June 13 from 2 - 4 PM. This is open to all with base access.
- If you find any outdated web pages from **SMCHD**, please send them to smchd.pr@maryland.gov so they can be updated

Comprehensive Guide

- Comprehensive guide
 - SMCHD's Behavioral Health division is creating a comprehensive guide of behavioral health services in the community that will be accessible to the community that we can promote
 - Let's provide feedback for this draft!
 - Will be sorted by county then by type of services
 - Age ranges:
 - What age they start at for youth
 - General ages
 - Older adults
 - Last time it was updated on the front page
 - Where to contact if you have updated information
 - Eventually, we will use a Google Form for providers to share updates to information

2026 Projects

- Since we will be focusing on the CHA this year, we will only have capacity to work on 1-2 projects throughout the year. We need collaboration from members to complete projects
- Ideas:
 - Host a training on SUD or recovery strategies
 - Opioid Response Network (ORN) provides free training and education to address opioid, stimulant and all substance use disorders. Taylor has partnered with them to facilitate a free, virtual person-first language training.
 - Lauren to reach out to ORN
 - We will brainstorm what should be included and when to have the training at our next meeting

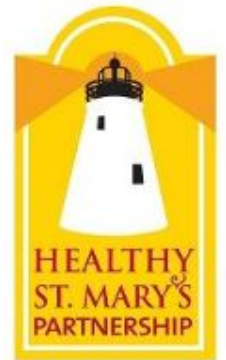
Community Forum

-
-



Meeting Close

- Contact HSMP
- Upcoming Meetings



CONTACT HSMP



[Submit your social media, flyers, and events to HSMP](#)



[Subscribe to receive our newsletter and email blast](#)



[Like us on Facebook](#)



[Visit our website](#)



[Email HSMP](#)



[Watch us on Youtube](#)



Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#)
- Our next meeting will be March 20, 2026

