



Chronic Disease Action Team Meeting

Welcome! Please sign in

Tuesday, March 24, 2026

1:00 - 2:00 pm

Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. 2026 Projects
5. Community Forum
6. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

- See the attendee [list](#)
 - As a reminder, please mute yourself when you are not speaking
-
- Action Team Co-Chairs
 - **Sareka Butler**, Asthma Program Coordinator at SMCHD
 - **Temeria Wilcox**, Board Certified Nursing Practitioner and Owner of NP Family Practice

Partner Spotlight

- Bonnie Halpern-Felsher, PhD, FSAHM
 - Marron and Mary Elizabeth Kendrick Professor of Pediatrics
 - Developmental Psychologist at Stanford University
 - Director of the REACH Lab
 - View the slides on Zyn and other nicotine pouches

Partner Updates

Please type out your update, including any links or contact information, and put them in the chat. This ensures the minutes are correct.

- **HSMP** has launched a survey for all community members. Please help us share these as they help us determine the **HSMP** priority areas for the next 6 years! The survey will be open to all who live, work, or play in SMC until **June 30, 2026**. Learn more and download the flyers at healthystmarys.com/cha2026
- Sign up to help table for **HSMP** here! We cannot attend events without volunteers.
 - Already tabling at an event? Consider having the CHA flyer at your table. Contact Lauren for paper copies.
- Caitlin from the CPEST program at **SMCHD** has shared a presentation for colorectal cancer awareness month
- The **SMCHD** Asthma Awareness program will be going on a tour in May. Libraries will be doing activities with the story. Flyer to come!
 - May 26 Leonardtown Library
 - May 16 Charlotte Hall Library
 - May 10 Lexington Park Library
- **Church of the Ascension** has the Blessings and Showers event on the 3rd Saturday, 11 - 1:30, to have showers, laundry, and connect to resources.
- Cedar Lane secured funding for more affordable apartments to help senior housing (age 50+)! Ground breaking in 2028.

Partner Updates, Cont.

- Stacey from **SMCHD** went to the Cherry Blossom Festival this past weekend and had over 400 people stop by! All copies of the CHA flyer were taken!
- **SMCHD's** Annual Community Baby Shower will be held on May 2 at Margaret Brent Middle School from 9 - 11 AM. This is open to new or pregnant moms. Registration is required but limited to 300 participants. All participants receive free diapers, wipes, resources, and door prizes.
- **MedStar** has two upcoming programs. Reach out to Ashley for more information:
 - Farmers market will begin soon for the season
 - Healthy Next Steps workshop
- **LUGM**: St. Mary's 2050 Plan feedback has ended! They will be presenting at EHAT in May.

2026 Projects

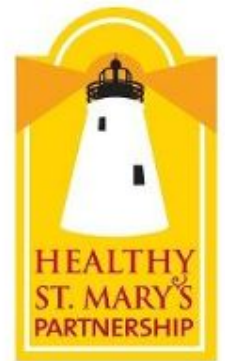
- Since HSMP will be focusing on the CHA this year, HSMP will only be able to work on 1-2 projects this year.
- More to Explore will begin in June 2026
 - We may ask people in CDAT to check signs in April/May
- Food, Farming & Wellness (Soil, Soul, & Science)
 - Webinar on healthy recipes in June
 - Healthy cooking demo in July
 - Community recipe collection in July/August
 - To be compiled and hosted on the HSMP website. Random prize drawing for submissions

Community Forum

- We attended the food distribution through HOPE SMC. HSMP is applying for a grant and may be able to assist. Volunteers needed!
 - They have 2 produce distributions scheduled on April 3 and May 1. Email Kimberly if you are interested in helping out from 8:30 - 11:30 AM
- Ridge VFD has monthly food distributions on the 3rd Friday at noon and has other resources.
- Let Lauren know if you have any events relating to food security to be shared in the text system.

Meeting Close

- Contact HSMP
- Upcoming Meetings



CONTACT HSMP



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Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#).
- Our next meeting will be on April 28 at 1 PM

