



MedStar Health

It's how we **treat people.**

March 18th, 2026

MedStar St. Mary's Hospital

Food Security Initiatives

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Community Health Program Manager

Agenda

1. Community Health Advocates
2. Inpatient Food Pantry
3. Farmer's Market Initiative
4. Upcoming Community Partnerships
5. Closing



Community Health Advocates



Connecting the Community to Food Resources

- Community Health Advocates assist with:
 - Food pantry navigation
 - SNAP application assistance
 - Social resource referrals
- Partnership with St. Mary's Caring Soup Kitchen
 - Advocate on-site
 - Mondays & Fridays
 - Walk-ins and appointments accepted



8:00 a.m. to 4:30 p.m. | Mondays
8:00 a.m. to 4:30 p.m. | Fridays

At **MedStar Health**, we are dedicated to providing community health programs to improve the the well-being of the communities we serve. Our Community Health Advocates are here to assist with linkage to healthcare and social services, including food access, transportation, housing resources, and utility assistance resources.

We are available to take walk-ins and or appointments **2 days** a week at our **NEW** location, **20331 Point Lookout Rd, Great Mills, MD 20634**. For more information, please call **240-526-1104**.



Supporting Patients



Inpatient Food Pantry

- Managed by **Inpatient Case Management**
- Emergency food for patients discharging home with food insecurity
- Helps support:
 - Recovery after hospitalization
 - Chronic disease management
 - Immediate food needs
- Supported by **Quarterly Hospital Food Drives**



Farmers Market Initiative



Pop-Up Farmers Market

- Hosted monthly on hospital campus (**Fridays**)
- Local community vendors
 - Farmers
 - Baked goods
 - Food trucks
 - Artisan sellers
- Health education at every market
 - Nutrition education
 - Diabetes prevention resources
- Returning **Late Spring / Early Summer**
- Goal: Partner with a produce farmer accepting **SNAP & WIC**



Welcome to **The Market.**

MedStar Health is excited to welcome the community to their **farmer's market** at MedStar St. Mary's Hospital! The Market will feature a variety of local vendors including:

- Local Produce Vendors
- Deez L'town Beez Honey
- Horseshoe Farm
- Olde Town Pub Wing Wagon
- Bluegrass BBQ & Dogs
- and more!!

When:

**May 8 & 22, Jun 5 & 19, Jul 17 & 31,
Aug. 14 & 28, Sept. 11 & 25, Oct. 9**

10 a.m. to 2 p.m.

Where:

25500 Point Lookout Road
Leonardtown, MD 20650

Front side parking lot adjacent to the IT Building

For information: Call 301-475-6019



Community Partnerships



Upcoming Community Food Drive

- March 21st Leonardtown High School
- Partnership with **MedStar Transport Team**
- Donations support:
 - Hospital Inpatient Food Pantry
 - Feed St. Mary's

MedStar Health's Spring into Action **Community Food Drive.**



Fill the helicopter and ambulance with food donations
and meet members of the MedSTAR Transport team.

Saturday, March 21, from 10 a.m. to noon
Leonardtwn High School, 23995 Point Lookout Road, Leonardtown, MD 20650

Closing



Addressing Food Insecurity Together

- Our initiatives focus on:
 - Connecting residents to food resources
 - Supporting patients leaving the hospital
 - Increasing access to fresh, healthy food
 - Partnering with community organizations

Population & Community Health



Thank you

It's how we **treat people.**



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Questions?

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