

# THE FLEET & FAMILY SUPPORT CENTER



Naval Air Station Patuxent River  
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## APRIL 2026 WORKSHOP & EVENT SCHEDULE

To register for a workshop, call or email FFSC. Classes are available to all with base access, unless otherwise noted.

|          | FFSC CLASSROOM                                                                               |            |
|----------|----------------------------------------------------------------------------------------------|------------|
| APRIL 1  | SAPR ADMINISTRATIVE UVA TRAINING                                                             | 1000-1200  |
| APRIL 2  | PRESEP (Active Duty Only)                                                                    | 0900-1130  |
| APRIL 2  | SAFETY TRANSFERS/TCAD (FAP) (MyNavyFamily)                                                   | 1000-1100  |
| APRIL 2  | AUTISM AWARENESS WITH EFMP CASE LIAISON (NEX)                                                | 1100-1300  |
| APRIL 2  | SAAPM KICKOFF PROCLAMATION SIGNING (NEX)                                                     | 1215-1315  |
| APRIL 2  | CAR BUYING                                                                                   | 1400-1530  |
| APRIL 3  | EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) 101                                                 | 1100-1200  |
| APRIL 3  | #NO2ABUSE - CHILD ABUSE & TEEN DATING VIOLENCE AWARENESS EVENT<br>(Frank Knox Bldg.)         | 1200-1530  |
| APRIL 6  | EFFECTIVE COMMUNICATION                                                                      | 0900-1000  |
| APRIL 8  | QUARTERLY SUICIDE PREVENTION COORDINATOR MEETING<br>(SPCs/ASPCs Only)                        | 1300-1400  |
| APRIL 9  | GETTING READY FOR KINDERGARTEN                                                               | 1200-1300  |
| APRIL 9  | YOUR MONEY! YOUR RETIREMENT! (BRS & TSP) (Teams)                                             | 1400-1530  |
| APRIL 10 | FOREIGN SPOUSE ORIENTATION                                                                   | 0800-0900  |
| APRIL 10 | SAAPM A MILE IN THEIR SHOES (Drill Hall Track)                                               | 1030-1230  |
| APRIL 13 | LET'S TALK FEDERAL EMPLOYMENT                                                                | 0900-1100  |
| APRIL 13 | DEPLOYMENT SUPPORT                                                                           | 1000-1100  |
| APRIL 14 | MIND BODY MENTAL FITNESS – MINDFULNESS & MEDITATION (Teams)                                  | 1300-1430  |
| APRIL 15 | PRESEP (Active Duty Only)                                                                    | 0900-1130  |
| APRIL 16 | DEVELOPING YOUR SPENDING PLAN                                                                | 1400-1530  |
| APRIL 17 | MIND BODY MENTAL FITNESS – LIVING CORE VALUES (Teams)                                        | 0800-0900  |
| APRIL 20 | HUNT, FIND, APPLY – EMPLOYMENT ASSISTANCE                                                    | 0900-1100  |
| APRIL 23 | SAAPM GOLF TOURNAMENT (Cedar Point Golf Course)                                              | 0900 START |
| APRIL 24 | ANGER & EMOTION REGULATION (Teams)                                                           | 1000-1100  |
| APRIL 29 | SURVIVOR BENEFITS PLAN (SBP) (Teams)                                                         | 1400-1530  |
| APRIL 29 | SAAPM DENIM DAY (All Day) & STRIKE OUT SEXUAL ASSAULT BOWLING<br>TOURNAMENT (Bowling Center) | 1200-1500  |
| APRIL 30 | JOB FAIR (Liberty Community Center)                                                          | 1000-1400  |
| APRIL 30 | WHAT IS STALKING? (MyNavyFamily)                                                             | 1000-1100  |

\*TAP Schedule is on [www.tapevents.mil](http://www.tapevents.mil). Please see Command Career Counselor for TAP Class Registration\*

**Note: Classes are subject to change. Please call for the most updated schedule.**