HEALTHY ST. MARY'S PARTNERSHIP

Behavioral Health Action Team Meeting

Welcome! Please Sign In

Friday, April 17, 2026

10:00 - 11:00 AM

Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. Opioid Restitution Fund
5. 2026 Projects
6. Community Forum
7. Meeting Close
    - Contact HSMP
    - Upcoming Meetings

Introductions

- See the attendee list
- As a reminder, please mute yourself when you are not talking
- We will not accept any AI notetaker into the meeting

- Action Team Co-Chairs
  - **Chris Shea** - Program Manager of the Health Hub at SMCHD
  - **Jodi Gardiner**- Lead Family Peer Support Specialist at Maryland Coalition of Families

Partner Spotlight

- Lakisha Rhodes
- Family Partner Behavioral Health Specialist
- Parent's Place of Maryland
- Website: ppmd.org
- View the slides on the Good Samaritan Law

Partner Updates

- **HSMP** has launched a survey for all community members. Please help us share these as they help us determine the **HSMP** priority areas for the next 6 years! The survey will be open to all who live, work, or play in SMC until June 30, 2026. Learn more and download the flyers at healthystmarys.com/cha2026
  - We currently have almost 400 responses! We've sponsored ads on social media, shared the flyers and surveys with over 10 organizations, and the SMCHD outreach team has shared the flyers at their table and gathered paper responses from multiple locations like the soup kitchen. Email Lauren if you're interested in sharing the flyers with your clients or having it at your outreach table!
- May 28 is menstrual equity day! **HSMP** will be sharing resources on social media. Please reach out to Lauren or Suha to share your success stories with menstrual equity
- **Charlie Health** has a free and open virtual support group on Fridays for therapists.
- Jenn Cass presented at the **MSMH** emergency department team meeting earlier this month to share all that **SMCHD** offers. It can be helpful to connect with emergency services to share what your orgnaization offers to the community.
- **NFP** and **Thrive by Three** use reflective practice with the team. Jenn will be co-presenting on this topic in May
- **SMCHD's** Annual Community Baby Shower will be held on May 2 at Margaret Brent Middle School from 9 - 11 AM. This is open to new or pregnant moms. Registration is required but limited to 300 participants. All participants receive free diapers, wipes, resources, and door prizes.

Partner Updates, Cont.

- **MCF** will have a presentation on gaming impacts in children on May 2, 2 - 3:30 PM. This will discuss on how to make healthy decisions and risk of youth gambling.
- **SMCHD** and the **Department of Aging** will have a community shred and medication take back event at the SMC government campus on April 25! The **SMCHD Risk Reduction** team will be there to provide resources. View the press release.
- **Pathways** has 2 female and 1 male beds open for the transitional aged youth and mental illness/substance abuse programs who meet certain qualifications for their housing program. They are taking referrals.
- **Fleet and Family Support Center** has several upcoming events that are open to those with base access
  - April 25: Military children celebration.
  - May 7: mental health kickoff.
  - May 8: military spouse appreciation day.
  - May 16: Mental health marathon. Registration is required but free.
- **SMCM**: 5k for mental health and suicide awareness April 18 at 9 AM. Registration is required.
- **SMCM** has a take back the night event on April 21 with **SMCFA** for SA Awareness Month.

Opioid Restitution Fund

- Taylor Nickerson, Behavioral Health Grant Manager at SMCHD
- View the slides and learn more about the Opioid Restitution Fund
- Overdose Prevention Team is open to the public for quarterly meetings!
- No hard deadline for submission of ideas to Taylor or Tammy.

2026 Projects

- Host a training
  - Maryland ROPTA will be able to provide a free training. Let's pick which training would be the most relevant
    - Overdose trainings- SMCHD or MOC may be interested in hosting these
    - Complex Trauma Trainings
      - Complex Trauma 101
      - Complex Trauma and Substance Use
      - Provider Bias, Implicit Racism, and Privilege
      - **Supporting Parents and their own Unresolved Complex Trauma**
  - Scheduling
    - Dr. Connors is sending over dates for this virtual training.

Meeting Close

- Contact HSMP
- Upcoming Meetings

Upcoming Meetings

- Interested in being our next partner spotlight? Sign up here
- Our next meeting will be May 15, 2026 at 10 AM
- We will not meet in June due to the federal holiday