

ST. MARY'S COUNTY HEALTH DEPARTMENT

# CPEST

April

2026

STAFF: CAITLIN KIRKPATRICK AND NANCY STONE

**Cigarette Restitution Fund  
(CRF)**

# **Funds? Purpose?**

**History**

1 Fund: 2 Programs

**Master Settlement  
Agreement (MSA)**

# CPEST

**Cancer**

**PREVENTION**

**EDUCATION**

**SCREENING**

**TREATMENT**



CERVICAL CANCER  
A W A R E N E S S

## Cervical Cancer Screening

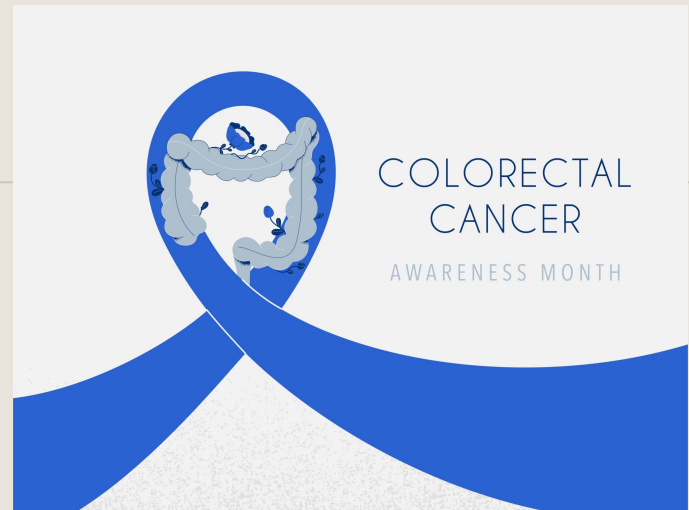
- Should start at age 21, regardless of if you are sexually active
- People between the ages of 25-65 should get an HPV test every five years
- People 65+ who have had regular cervical cancer screening in the past ten years **SHOULD NOT** be tested for cervical cancer and should not be retested after testing has stopped
- People who have had their cervix removed should not be tested
- If you are vaccinated against HPV, you should follow the above recommendations

# Breast Cancer Screening



- Women ages **40-65** should start getting annual screening with a mammogram
- Women can start receiving a Clinical breast exams as early at age 20 depending on risk factors. Usually they starts around age 25ish
- Transmasculine (female-to-male) individuals who have not had a bilateral mastectomy should get an annual screening
- Transfeminine (male-to-female) individuals aged 50+ with at least 5 years of feminizing hormone use should have mammograms every two years and should discuss screening and risk factors with their provider

- Both men and women need to get screened
- Start screening at age 45
- Some can start younger than 45 if family history or having issues
- Cologuard is another great option for those who do not have any risk factors and are at average risk. Please ask your provider if this could be an option for you!



# Eligibility

**Maryland Resident**

Must be able to provide proof of residency

**Age 21+ for Cervical  
Age 40+ for Breast  
Age 45+ for colon**

Must provide some kind of ID where its a drivers licence or passport

**Uninsured,  
underinsured, or  
limited income**

In St. Mary's we do verbal consent of income, however we do tell people they might need to show proof if further care is needed.

# Clinical Services: Leonardtown

## Reproductive Health Services

- Well women exam
- Reproductive counseling and prescriptions for birth control
- Pregnancy testing
- Testing and treatment for sexually transmitted infections
  - Rapid onsite testing available for women
- Testing and treatment for other types of infections, such as vaginal yeast infections
- HIV testing and referral to treatment
- Cancer screenings

### Clinic Hours

Monday – Friday

8:00 a.m. – 3:30 p.m.

Closed daily from 12:00 p.m. – 12:45 p.m.

### Contact Us

Phone: 301-475-4419

Email: [smchd.healthclinic@maryland.gov](mailto:smchd.healthclinic@maryland.gov)

## Vaccines/Immunizations

- Childhood vaccines for eligible youth through 18 years of age with the Vaccines for Children Program:
  - Eligibility criteria: Uninsured, Medicaid enrolled; American Indian or Alaskan Native
- Pre-exposure rabies vaccine, rabies booster, and rabies immunity testing (RFFIT) titer – Learn more about Rabies Prevention and Animal Bite Exposure
- NEW: Free adult vaccines program

St. Mary's County Health  
Department  
21580 Peabody St.  
Leonardtown, MD 20650

# How to help!

- Inform community members who could benefit from our program about us and about our clinical services
- Encourage those of age to get the necessary screenings
- Encourage appropriate vaccinations
- Let us know if you need more flyers to hand out!
- If you need someone to speak on this topic let us know.

## Contact Information: Program Supervisor

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