

Chronic Disease Action Team Meeting

Welcome! Please sign in


Tuesday, April 28, 2026

1:00 - 2:00 pm

Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. More to Explore
5. 2026 Projects
6. Community Forum
7. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

- See the attendee [list](#)
 - As a reminder, please mute yourself when you are not speaking
-
- Action Team Co-Chairs
 - **Sareka Butler**, Asthma Program Coordinator at SMCHD
 - **Temeria Wilcox**, Board Certified Nursing Practitioner and Owner of NP Family Practice
- 

Partner Spotlight

- Caitlin Kirkpatrick
 - CPEST Program Supervisor and Lead Nurse Case Manager at SMCHD
 - View the [slides](#)
 - Email [Caitlin](#)

Partner Updates



- **HSMP** has launched a survey for all community members. Please help us share these as they help us determine the **HSMP** priority areas for the next 6 years! The survey will be open to all who live, work, or play in SMC until June 30, 2026. Learn more and download the flyers at healthystmarys.com/cha2026
 - We currently have over 450 responses! We've sponsored ads on social media, shared the flyers and surveys with over 10 organizations, and the SMCHD outreach team has shared the flyers at their table and gathered paper responses from multiple locations like the soup kitchen. Email Lauren if you're interested in sharing the flyers with your clients!
- **SMCHD** Asthma program will be doing a book tour for Asthma Awareness Month!
 - LP Library on May 10 at 2 - 2:45 PM
 - CH Library on May 19 at 10 - 10:45 AM
 - Leonardtown Library on May 26 at 10 AM - 10:45 AM
- Enrollment is open for the free virtual **SMCHD** Tobacco Cessation Program
 - 6 week program runs May 12 through June 16
 - Standalone session on May 6
- Community organizations who are interested in being partners in the Healthy Heart Ambassador program can reach out to Kassie Coulson
- Sunah is seeking grants related to land use and providing information to the community.
 - **LUGM** will be presenting at the May EHAT meeting and may be a helpful resource.

Partner Updates, Cont.

- Mens Health Awareness event on June 5, from 6 - 9 PM, at To Tell the Truth Ministries in Great Mills
- The **Department of Aging and Human Services** is hosting a Mens Health event on June 6. Email Nicoletta if you are interested in tabling.
- **SMCHD's** Annual Community Baby Shower will be held on May 2 at Margaret Brent Middle School from 9 - 11 AM. This is open to new or pregnant moms. Registration is required but limited to 300 participants. All participants receive free diapers, wipes, resources, and door prizes. A few spots left!
- **HOPE SMC** will be doing their free produce distribution on May 1 at Church of the Ascension! They need volunteers to help distribute 8:30 AM to 12 PM. Email Kimberly if you are interested.

More to Explore

- June 13 - September 7, 2026
 - We need people to sign up to check signs
 - Signs must be checked and entered into the spreadsheet **before May 26**
 - This will give us time to check any remaining signs before MTE launches
 - List your name next to any signs you can check (under Volunteers Checking on Sign)
 - When you check the sign, take a photo and add it to the form under Photo of sign 2026. If you have issues, email the photo to stmaryspartnership@gmail.com with the location name. List the condition of the sign and date it was checked.

Site	Address	Volunteer Checking on Sign	New Sign Location (June 2025)	Photo of New Sign (June 2025) (attach or email)	List physical condition of sign (Excellent, Good, Fair, Poor, or Missing) and date checked	Photo of sign 2026	Notes	Other Photos
5th District	37880 New Market Turner Rd Mechanicsville		Fence post at Playground entrance					
7th District	23035 Colton Point Rd Bushwood		Tree between Bathrooms and Playground					

2026 Projects

- Since HSMP will be focusing on the CHA this year, HSMP will only be able to work on 1-2 projects this year.
- Food, Farming & Wellness (Soil, Soul, & Science)
 - Webinar on healthy recipes on June 23 at 11 AM
 - Register and share our flyer! All are welcome to join
 - Flyer to be shared virtually (register at tinyurl.com/HSMP-recipe)
 - Flyer to be printed
 - Healthy cooking demo in July
 - Community recipe collection in July/August
 - To be compiled and hosted on the HSMP website. Random prize drawing for submissions

Community Forum

- Church of the Ascension holds the Blessings and Showers event on the 3rd Saturday of each month from 11 am - 1 pm. Over 200 people attended in April! Volunteers are always needed!
 - Hair cuts, showers, food, clothing.
 - Health screenings are happening but more people running these would be helpful at these events.
 - Kassie interested in helping with blood pressure screenings
 - Pastor Russ & Pastor Bell leading this

Meeting Close

- Contact HSMP
- Upcoming Meetings



CONTACT HSMP



[Submit your social media, flyers, and events to HSMP](#)



[Subscribe to receive our newsletter and email blast](#)



[Like us on Facebook](#)



[Visit our website](#)



[Email HSMP](#)



[Watch us on Youtube](#)



Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#).
- Our next meeting will be on May 26 at 1 PM

