



# **Behavioral Health Action Team Meeting**

**Welcome! Please Sign In**

**Friday, May 15, 2026**

**10:00 - 11:00 AM**

# Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. 2026 Projects
5. Community Forum
6. Meeting Close
  - Contact HSMP
  - Upcoming Meetings

# Introductions

- See the [attendee list](#)
  - As a reminder, please mute yourself when you are not talking
  - We will not accept any AI notetaker into the meeting
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- Action Team Co-Chairs
    - **Chris Shea** - Program Manager of the Health Hub at SMCHD
    - **Jodi Gardiner**- Lead Family Peer Support Specialist at Maryland Coalition of Families

# Partner Spotlight

- Dr. Lisa Connors
- ROPTA Consultant for University of Maryland Extension
- Email: [lconnors@umd.edu](mailto:lconnors@umd.edu)
- ROPTA [packet](#)
- [Register](#) for public events
- [Join](#) the mailing list!
- [Request](#) mental health first aid training
- [Request](#) all other trainings

# Partner Updates

Please type out your update, including any links or contact information, and put them in the chat. This ensures the minutes are correct.

- **HSMP** has launched a survey for all community members. Please help us share these as they help us determine the **HSMP** priority areas for the next 6 years! The survey will be open to all who live, work, or play in SMC until June 30, 2026. Learn more and download the flyers at [healthystmarys.com/cha2026](https://healthystmarys.com/cha2026)
  - We currently have over 500 responses! We've sponsored ads on social media, shared the flyers and surveys with over 10 organizations, and the SMCHD outreach team has shared the flyers at their table and gathered paper responses from multiple locations like the soup kitchen. Email Lauren if you're interested in sharing the flyers with your clients or having it at your outreach table!
- **Mediation Center** has a 40 hour Mediator Training in June! June 5- 7 & June 12 - 14. \$100 donation but there is financial help if needed. They also have a community resource table to share information as well. Reach out to Holly for more information.
- **SMCHD's Health Hub** now has a screen in the lobby to run a powerpoint with events and resources for clients. You can email Chris your flyers to be shared! You can drop off physical flyers/brochures at the Hub as well.
- **Mental Health America** is free hosting A Virtual Wellness Experience on May 20.
- **FFSC** hosts a Casting Hope Fishing event on June 13. Open to all with base access.
- **NAS PAX River** has the Blue Angels Air Show the weekend of June 20! Free event, it will be crowded! Open to all on Saturday & Sunday, regardless of base access.

# Partner Updates, Cont.

- Events that may still be accepting tabling applications:
  - June 6: Men's Health Day Event held by the [Department of Aging and Human Services](#)
  - June 13: Crab Fest held by the [Lion's Club](#)
  - June 19: Freedom Day celebration held by [UCAC/Nat Scroggins](#)
  - June 27: [Community, Culture, & Cuisine](#) event held by [LexBA](#)
- **HSMP** and **Zen Well Health** will have a free virtual cooking adventure on June 23 at 11 AM. [Register](#) to receive the meeting link!
- **Pathways**: Taking referrals for the community program- 1 Female bed, 2 Male beds. Contact [Britney Ford](#) for more information.
- **HSMP's** More to Explore program will be from June 13 to September 7. You can register on the [Beanstack](#) app or get a booklet from the **Library** to collect codewords from local parks, historical monuments, and farmers markets. Find the lists of sites on the [website](#).

# 2026 Projects

- Host a training
  - Complex Trauma Training Consortium
    - **Supporting Parents and their own Unresolved Complex Trauma**
    - May 18, from 10:30 - 12
    - Please join this free training, and share the information on our social media!
    - Access the zoom link at [tinyurl.com/HSMP-Complex](https://tinyurl.com/HSMP-Complex)
    - Note: No CEUs are available

## Supporting Parents with Their Own Unresolved Complex Trauma



Providers- learn how to support parents at this FREE training!

**May 18, 2026**  
**10:30 AM - 12 PM**



Join the training at  
[tinyurl.com/HSMP-Complex](https://tinyurl.com/HSMP-Complex)



## Meeting Close

- Contact HSMP
- Upcoming Meetings



# Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#)
- **Our next meeting will be July 17, 2026 at 10 AM**
- We will not meet in June due to the federal holiday

