

# **Environmental Health Action Team Meeting**

Welcome! Please sign in

**Wednesday, May 20, 2026**

10:00 - 11:00 AM

# Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. 2026 Project
5. More to Explore
6. Community Forum
7. Meeting Close
  - Contact HSMP
  - Submit your flyers

# Introductions

- View the [attendee list](#)
- As a reminder, please remember to mute yourself when you are not talking

## Action Team Co-Chairs

- **Christine Delise**, Community Development Coordinator at Aetna Better Health of Maryland
- **Tytiana Snyder**, Environmental Health Admin Specialist at SMCHD

# Partner Spotlight

- St. Mary's County Land Use & Growth Management
- Gabby Gleissner, Senior Planning Specialist
- Courtney Jenkins, Deputy Director of LUGM
- [stmaryscountymd.gov/StMarys2050](http://stmaryscountymd.gov/StMarys2050)
- View the [slides](#)

# Partner Updates

- **HSMP** has launched a [survey](#) for all community members. Please help us share these as they help us determine the **HSMP** priority areas for the next 6 years! The survey will be open to all who live, work, or play in SMC until June 30, 2026. Learn more and download the flyers at [healthystmarys.com/cha2026](http://healthystmarys.com/cha2026)
  - We currently have almost 600 responses! We have more paper copies of the survey and flyers. Please email [Lauren](#) if you are interested in receiving paper copies to hand out to clients, sit in waiting rooms, or share with coworkers.
- [Register](#) to join **HSMP**'s FREE virtual recipe creation class led by Janine Horne of **Zen Well Health**. This event will be held virtually on June 23, 2026, from 11 AM to 12 PM. This class is open to all ages and families are encouraged to attend together. View the flyer [here](#).
- **The Mediation Center** has a 40 hour Mediator [Training](#) in June! June 5- 7 & June 12 - 14. \$100 donation but there is financial help if needed. They also have a community resource table to share information as well. Reach out to [Holly](#) for more information.
- **LUGM** will have a community planning [meeting](#) study for FDR Blvd. on May 26 from 5 to 7:30 PM. Come provide public input!
- **Recreation and Parks** is updating their Land Preservation, Parks, and Recreation [Plan](#)! Interactive plan and community engagement sessions starting June 4.
- **LexBA** Market Days on last Saturday of the month. Vendors welcome to apply on the [LexBA website](#).
- **LexBA** hosts the Community, Culture, and Cuisine event on June 27. Learn more on the [website](#).

# Partner Updates, cont.



- The **Lexington Manor Passive Park Community Garden** has community hours on Wednesday and Sundays, 4 - 7 PM. Volunteer and bring home fresh produce!
- **Aetna Better Health of Maryland** offers a \$50 credit for swimming lessons for members, regardless of age. \$60 payment towards to the YMCA from ages 5 - 18. Learn more at [AetnaBetterHealth.com/Maryland](https://AetnaBetterHealth.com/Maryland)
- **Home Grown Market** has a Farmers Market Match program, where they will match up to \$20 at homegrown market for those using food stamps.
- If you join the **YMCA** before June 12, they are waiving the initial \$75 fee! Every 6th grader gets free membership. The swimming pool will open this Saturday, at 8 AM! The building will be open by the end of June. If you join before June 1 (on paper) you will not be charged until the building is open, but you can utilize the pool.
  - Parkinson's classes will be offered. Chronic disease classes are free regardless of membership, but a doctors note is needed.
  - Drop in daycare will be offered, including special "date night" times in the evenings.

# 2026 Projects

- Text system (460 subscribers!)
  - Lauren will be presenting on this system at a national public health conference in July
  - Have you signed up for the texts? Take the [survey](#)! I'll be using the data at NACCHO
  - Ideas for future texts:
    - Church of the Ascension Fellowship on 3rd Saturday- free meals, showers, haircuts, laundry - flyer needed at least 2 weeks in advance to include it
    - Community garden volunteer hours -scheduled
    - Farmers Market Match, up to \$20 at homegrown market for food stamps - Sue to get more info
- Join the Period Equity group! We meet quarterly to talk about period equity efforts in the county, including advocacy, education, and product distributions. Email [Lauren](#) or [Suha](#) if you are interested.
  - Menstrual Health Day is May 28! HSMP will be posting information on socials to spread awareness

# More to Explore

- June 13 - September 7, 2026 ([Facebook](#))
  - We need your help for this CDAT project! Please [sign up](#) to check signs
    - Signs must be checked and entered into the spreadsheet **before May 26**
    - This will give us time to check any remaining signs before MTE launches
  - List your name next to any signs you can check (under Volunteers Checking on Sign)
  - When you check the sign, take a photo and add it to the form under Photo of sign 2026. If you have issues, email the photo to [stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com) with the location name. List the condition of the sign and date it was checked.

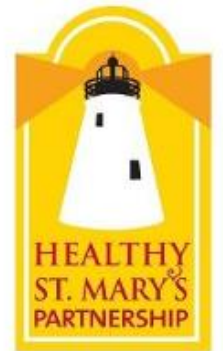
Site	Address	Volunteer Checking on Sign	New Sign Location (June 2025)	Photo of New Sign (June 2025) (attach or <a href="#">email</a> )	List physical condition of sign (Excellent, Good, Fair, Poor, or Missing) and date checked	Photo of sign 2026	Notes	Other Photos
5th District	37880 New Market Turner Rd Mechanicsville		Fence post at Playground entrance					
7th District	23035 Colton Point Rd Bushwood		Tree between Bathrooms and Playground					

# Community Forum

- HSMP received a letter of intent for additional food security grant funding! We anticipate getting the official letter of acceptance soon so that we can begin working on projects.

## Meeting Close

- Contact HSMP
- Next meeting



# Upcoming Meetings

- Interested in being a partner spotlight for 2026? Sign up [here](#).
- We will meet next on June 17, 2026, at 10 AM

