



Chronic Disease Action Team Meeting

Welcome! Please sign in

Tuesday, July 28, 2026

1:00 - 2:00 pm

Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. More to Explore
5. 2026 Projects
6. Community Forum
7. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

- See the [attendee list](#)
 - As a reminder, please mute yourself when you are not speaking
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- Action Team Co-Chairs
 - **Sareka Butler**, Asthma Program Coordinator at SMCHD
 - **Temeria Wilcox**, Board Certified Nursing Practitioner and Owner of NP Family Practice
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Partner Spotlight

- Michelle Onianwah
- Community Health Worker at SCORE (Sickle Cell Outreach Resources and Engagement)
- Email: michelleo@sicklecellchw.org
- View the [slides](#)
- sicklecellCHW.org
 - Refer through the website

Partner Updates

Please type out your update, including any links or contact information, and put them in the chat. This ensures the minutes are correct.

- **HSMP** has wrapped the Community Health Assessment! We had over 650 responses to our community survey and 30 focus group participants. We will be reviewing data to find priority areas and will release a draft report in late Fall.
- Registration has opened for the 2026 HSMP Annual Meeting. We hope to see you at this all-day in-person conference on September 24 to learn from a variety of speakers on public health topics.
 - **HSMP** is seeking donations for items to add in attendee bags (140), and for snacks
 - Register to be a vendor by August 13.
- **MDH** has organized a virtual Produce Rx networking and information session on August 7 at 10 AM for those interested in applying for grant funding. Register at bit.ly/4yFtmZ3
- **SMCHD's** Asthma program will do a read with me at Building Bridges on Friday! This is a closed program.
- **Community Mediation Center** will have Working Collaboratively with AI on August 25, 6 PM at the Lexington Park Library! Open to all community members!
- **SMC Dept. of Aging and Human Services:** Living Well Chronic Disease Self-Management Workshop has a few more spots available at the Northern Senior Center, starting August 18.
- **SMCHD** is enrolling for the next Healthy Heart Ambassador program, starting August 10! This is a FREE program and participants get a blood pressure cuff!

Partner Updates, Cont.

- **SMCHD's** nicotine cessation class dates:
 - 1-time class on August 5
 - 6 week course starts August 18.
- **Farmers Feeding St Marys**
 - August 13, 2-7 at Bay District
 - Sept 12, 9 - 1 at U-Haul Parking Lot
 - Interested in volunteering? You can sign up to help
- **National Night Out** is on August 4! Many orgs will be at Nicolet Park and other locations throughout the county handing out resources.
- **NP Family Practice** is hosting a menstrual products drive during August to support students during the school year! Drop off donations at the office.
- **Stella's Girls** will host a period party on September 11, 5 to 9 PM, at Church of the Ascension for pre-teen and teen girls. Flyer to come!

More to Explore

- June 13 - September 7, 2026
- Share our flyers on social media.
- All materials available in English and Spanish.
- Keep up to date on the [MTE Facebook!](#)



MORE TO EXPLORE

June 13 - September 7



**Keep up to date
on the Facebook:
More to Explore
St. Mary's**

**All signs now in English
and Spanish!**

More to Explore (MTE) is the annual passport challenge that encourages families to explore local parks, farmers markets, and historical locations. You can pick up your MTE passport at any library or by downloading the Beanstack app

2026 Projects

- Food, Farming & Wellness (Soil, Soul, & Science)
 - Healthy cooking demo on August 24, 3 - 4 PM, at the LP Library
 - Community recipe collection has started!
 - Submit your healthy recipes through August 31. Open to all community members [that includes you]!
 - To be compiled and hosted on the HSMP website. Random prize drawing for submissions!



Community Forum

- MDH has released information on the 2 positive measles cases in Southern Maryland.
 - SMCHD has vaccination clinics at the main office:
 - Thursday, July 30 from 8:30 to 11 AM
 - More to be scheduled- keep up to date on the SMCHD Facebook and at <https://smchd.org/health-topics/infectious-disease/measles/>
 - SMCHD has opened up a call center for anyone needing more information related to measles. Monday - Friday, 7 AM to 5 PM. 240-735-8288.

Meeting Close

- Contact HSMP
- Upcoming Meetings



Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#).
- Our next meeting will be on August 25, 2026 at 1 PM

