

Chronic Disease Action Team Meeting

Welcome! Please sign in

Tuesday, August 25, 2026

1:00 - 2:00 pm

Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. More to Explore
5. 2026 Projects
6. Community Forum
7. Meeting Close
 - Contact HSMP
 - Upcoming Meetings

Introductions

- See the [attendee list](#)
 - As a reminder, please mute yourself when you are not speaking
-
- Action Team Co-Chairs
 - **Sareka Butler**, Asthma Program Coordinator at SMCHD
 - **Temeria Wilcox**, Board Certified Nursing Practitioner and Owner of NP Family Practice

Partner Spotlight

- Doris McDonald
 - McDonald Clinical Services & The Alliance of Therapy Dogs
 - Email: mcdonaldclinicalservices@comcast.net
 - View the [slides](#)

Partner Updates

Please type out your update, including any links or contact information, and put them in the chat. This ensures the minutes are correct.

- Registration has opened for the 2026 **HSMP** Annual Meeting. We hope to see you at this all-day in-person conference on September 24 to learn from a variety of speakers on public health topics.
 - We will announce the new action teams and hold an interactive session to brainstorm projects in the afternoon plenary!
 - **HSMP** is seeking donations for items to add in attendee bags (140), and for snacks
 - We are also hosting a toiletry drive. Items collected will benefit SMCPs families.
- **SMCHD**'s CPEST program is sharing the publicly funded programs list.
- **SMCHD**'s Asthma Program did a 6 month cohort group with the VIT unit. They were able to purchase spacers for inhalers to distribute to schools.
- The **Legal Resource Center** has a free webinar on August 26 from 12 to 1 PM on cannabis and tobacco policy!
- **CDC** will have the Great Mills Clean Up on October 10! Lunch will be provided, please share the flyer and register!
- **LMPP Community Garden** has produce for folks to take home during volunteer hours from the community section
 - Sunday hours will shift 2 - 6 PM starting in September
 - Wednesday hours will shift to 11 AM to 1 PM starting in September

Partner Updates, Cont.

- Harvest Festival on October 25 from 1-4 at the **LMPP Community Garden** in collaboration with the **Arts Council** Banner project. Come out to help make banners and learn more about the garden! Flyer to come!
- **Farmers Feeding St Marys**
 - Sept 12, 9 - 1 at U-Haul Parking Lot
 - Interested in volunteering? You can [sign up](#) to help
- The **Wellness Together Center** is hosting a Fall Wellness Fair in Lexington Park on Saturday, September 12th, from 11 a.m. to 2 p.m. Those interested in tabling should contact [Katie Tibet](#) (vendor [registration link](#)).
- **YMCA** plans to open in late September
- **SMCHD**'s Nicotine Cessation [program](#)
 - 1 time session on September 30
 - 6 week session will start on October 13
- Healthy Heart Ambassador [program](#) is actively enrolling participants
 - Rolling admissions so you can [apply](#) at any time!
- Walk Maryland Day on October 7th! **SMCHD** and **WARcycle** plan to coordinate an event!
 - October is Walktober :)

More to Explore

- June 13 - September 7, 2026
- Share our flyers on social media.
- All materials available in English and Spanish.
- Keep up to date on the [MTE Facebook!](#)



MORE TO EXPLORE

June 13 - September 7



**Keep up to date
on the Facebook:
More to Explore
St. Mary's**

**All signs now in English
and Spanish!**

More to Explore (MTE) is the annual passport challenge that encourages families to explore local parks, farmers markets, and historical locations. You can pick up your MTE passport at any library or by downloading the Beanstack app

2026 Projects

- Food, Farming & Wellness (Soil, Soul, & Science)
 - Healthy cooking demo was on August 24, 3 - 4 PM, at the LP Library. We had 45 attendees!
 - Community recipe collection!
 - Submit your healthy recipes through August 31. Open to all community members [that includes you]!
 - We currently have 9.
 - To be compiled and hosted on the HSMP website. Random prize drawing for submissions!

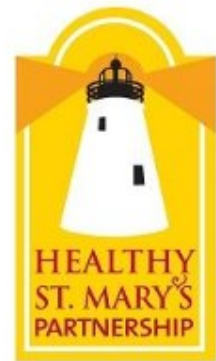


Community Forum



Meeting Close

- Contact HSMP
- Upcoming Meetings



Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#).
- Our next meeting will be on **October 27, 2026** at 1 PM
- We hope to see everyone at the Annual Meeting on **September 24!**

